



Peacehaven Community School

PCS: A GROWTH MINDSET SCHOOL

A red octagon with a white border, containing text about a fixed mindset.

Fixed Mindset

Intelligence and
talent are fixed
at birth.

A green double-headed arrow pointing both up and down, containing text about a growth mindset.

**Growth
Mindset**

Intelligence
and talent can
go up or down.

FIXED

Avoid or fear challenges

Give up when things are tough

Make excuses

Don't try so you won't fail

Refuse to learn from mistakes

Judge your classmates as smart or dumb

Stay where you are

GROWTH

Take on challenges without fear

Keep trying in the tough times

Remember success takes work

Learn from mistakes

Accept and act upon feedback/criticism

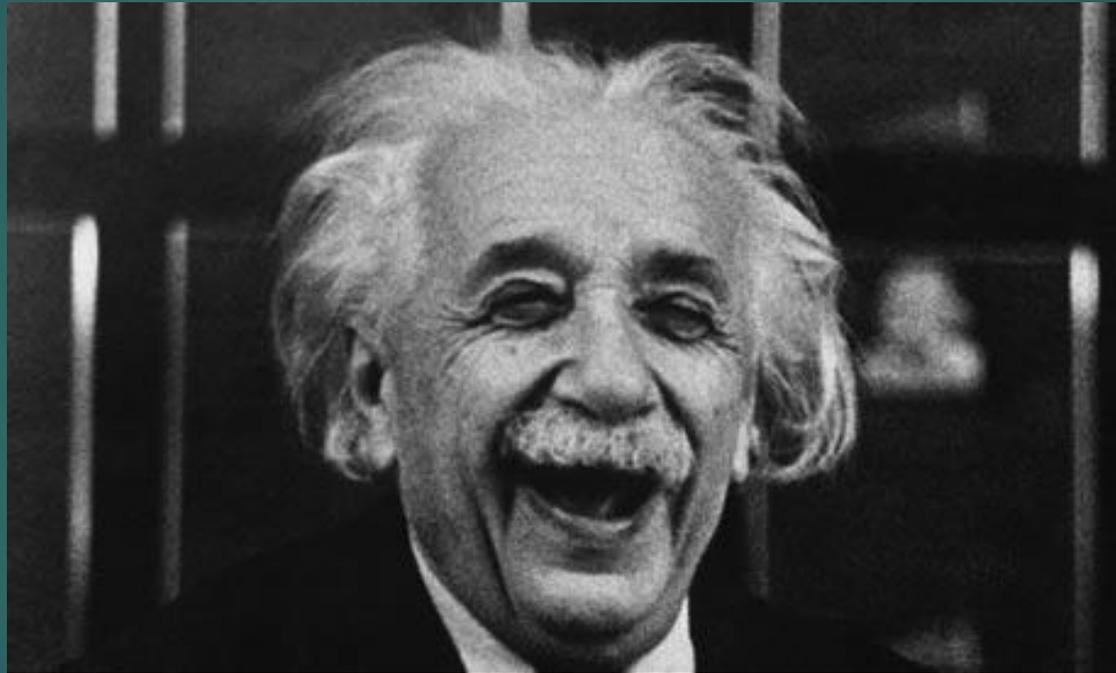
Celebrate the successes of your classmates

Learn, improve, succeed

Are people born smart?



....**Einstein's** teacher said that he was 'academically subnormal'



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.....**Walt Disney** was told that he lacked 'creative imagination'



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Michael Jordan

"I've missed more than 9,000 shots in my career. I've lost almost 300 games. 26 times I've been trusted to take the game winning shot and missed.

I've failed over and over and over again in my life. And that is why I succeed"



....**Michael Jordan's** coach said that he wasn't more talented than other people...

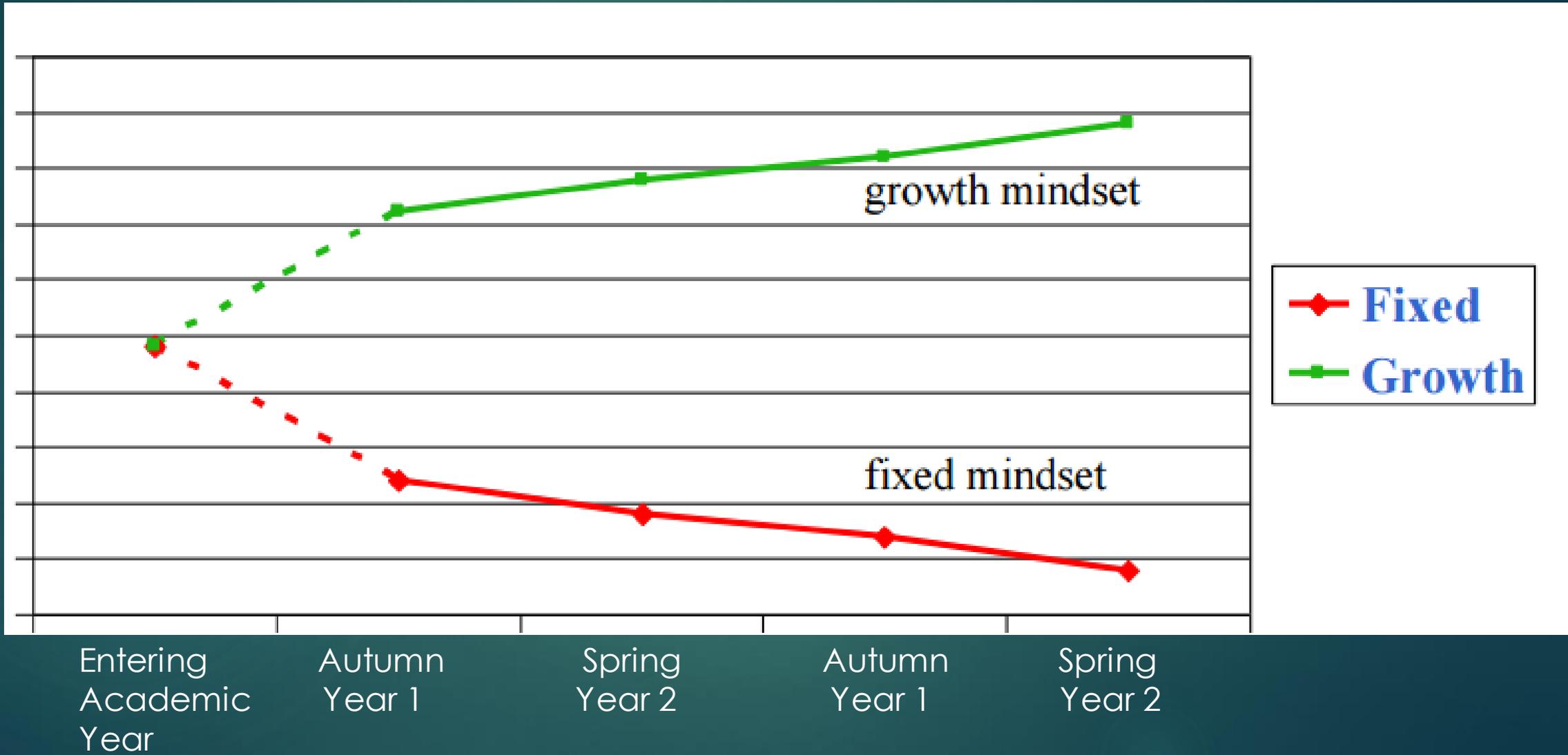
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77.0

Maths grades

72.0



Support growing your child's mind set:

Instead of:

- ▶ I'm not good at this...
- ▶ I'm brilliant at this...
- ▶ I give up...
- ▶ This is too hard...
- ▶ I can't do this
- ▶ I've got this wrong

Try saying:

- ▶ **What am I missing?**
- ▶ **I'm on the right track...**
- ▶ **I'll try a different way...**
- ▶ **This is going to take time and effort**
- ▶ **I'm going to learn to do this..**
- ▶ **Mistakes help me learn better**

Do	Do say	Don't	Don't say
Praise effort rather than focus on outcome	I'm so proud of how hard you are trying and how much you are learning	Praise their intelligence and talents – as if they are fixed	You must get 10/10 – it's the only result that matters because you are so bright
Give lots of feedback about how they have done and what they could do next – without criticising and judging.	You have written such an exciting story – how about redrafting and checking some of the spellings I have underlined?	Judge their outcomes – either good or bad	You are so talented, I expected more from you OR This is full of mistakes you can do better!
Focus on what they are learning and developing and celebrate that	You have really tried hard with those sums – how do you work them out?	Make them feel all that matters is their scores and grades	You got an A that is brilliant You need to get good grades if you are ever going to be successful
Help them realise that mistakes are part of learning and you only learn by making mistakes and sticking at it until you can make progress	Did you find that book hard with all those difficult words – just think how much you are learning if you get through it all	Get upset if they can't do it – and show you think they are useless	Are you too stupid to read that book?
Model growth mindset yourself by sometimes getting it wrong and showing how you learn from it	I'm finding it really hard to learn a few Spanish phrases for the holiday but I'm going to stick at it!	Demonstrate you are stuck in your ways and nervous about learning new things	I don't do foreign languages..and I'm no good at maths, so I'd rather not bother
Praise them for specific achievements and persistence	I'm impressed with how you have found a new way to understand algebra. You stuck at it and I'm so proud.	Only praise when they get it all right	You've only done 5 I thought you could get at least 10 done
Help them fix it when they make mistakes	Hey you got it wrong – that's good because it shows you can keep learning	Make judgements about their ability and compare them with other children	Hope your teacher doesn't think you can't do this because I bet all your friends can.
Talk to them about the learning process and journey	What have you learnt today that has really pushed your comfort zone?	Let them think you can learn and make progress without the pain of hard work!	If it's too hard, don't do it – you don't want to get upset
Help them choose challenging tasks that stretch them even if they may not get everything right	Isn't it exciting when you are working really hard on something and it's so very hard but eventually you get it!	Advise them that they don't have to do anything they don't want to	It's not fair if you get it wrong, your teacher should help you more.