

Physical Education

My Learning, My Future

Bringing learning to life: Connecting Physical Education to careers, pathways, and the world beyond the classroom

Why study Physical Education ?

Discover
talents and
interests

Develop
teamwork and
leadership

Pathway to
exciting
careers

Understand
the human
body

Learn about
healthy
lifestyles

Explore a career as a...

Here are some example roles and careers linked to Physical Education



Choreographer/ Dancer

BBC Bitesize case study

BBC Bitesize case study



Sports Development Officer

BBC Bitesize case study



Sports Commentator

BBC Bitesize case study

Explore a career as a...

Here are some example roles and careers linked to Physical Education



Sports Coach

[BBC Bitesize case study](#)

[BBC Bitesize case study](#)



Firefighter

[BBC Bitesize case study](#)



Physiotherapist

[BBC Bitesize case study](#)

Not so obvious careers that use PE:

Ever thought about..?

BBC
Bitesize

[How to become a Development Officer: Jenna's story](#)

[How to become a Firefighter: Izzy's story](#)

[How to become a Stunt Performer: Rick's story](#)

**National
Careers
Service**

[Resort Representative | Explore careers | National Careers Service](#)

[Leisure Centre Manager | Explore careers | National Careers Service](#)

[Health Play Specialist | Explore careers | National Careers Service](#)

From passion to profession:

Share a role that sparks your interest

Prepare a 3 - 5 minute talk to share with a small group on any role that interests you related to Physical Education.



- What is the role?
- What do you need to do to get this role?
- Where do you need to go to carry out this role?
- What might a typical day look like?
- Why are you interested in this role?

Discover more about different roles

Visit [National Careers Service](#) to find out more about different jobs and find one that might suit you!

Includes:

- Average salary
- Typical hours
- Work patterns
- Pathways/How to become
- Essential Skills
- Daily tasks
- Career path and progression
- Current opportunities

Research Ideas:

- [Choreographer](#)
- [Sports Development Officer](#)
- [Sports Commentator](#)
- [Sports Coach](#)
- [Firefighter](#)
- [Physiotherapist](#)

Explore careers

View all job profiles alphabetically and filter by category.



Enter a job title or keyword to search

For example, teaching assistant



[Take a skills assessment](#)

If you're not sure where to start, answer questions about your interests to find out which sectors may be best for you.

Choose a way to explore careers. For each job profile, you'll find qualifications needed, salary, progression opportunities and a

Why not teach Physical Education?

Teaching 
Every Lesson Shapes a Life

THE CAREERS &
ENTERPRISE
COMPANY

- No two days are the same – and neither are the pupils
- Once qualified you can teach throughout your life
- You could teach abroad
- Progress your career into leadership and management
- Bring your outside interests into the classroom and your subject

Explore teaching

From the pitch to the classroom! Mr Young is making a difference in students' lives as a teacher. See how his experience as a professional footballer shapes his approach to education and inspires the next generation.

Greg Young played football professionally for years - before returning to his old secondary school, Hall Cross Academy in Doncaster, as a PE teacher and pastoral lead.

Learn more about working as a PE teacher: [PE teacher](#) | [Explore Careers](#) | [National Careers Service](#)

Explore Get Into Teaching: [Get Into Teaching](#) | [Get Into Teaching GOV.UK](#)



What makes a great teacher?

GCSE

While there are different routes you can take to be a teacher there are a few essential things that you will need:

- A minimum GCSE Grade 4 or above in English and Maths (plus Science if you want to teach primary)
- A degree or equivalent qualification

A-Level

A-Levels are 2 years of study

Degree

Complete a degree course

It is possible to get QTS as part of an undergraduate degree, for example:

- Bachelor of Arts (BA) with QTS
- Bachelor of Education (BEd) with QTS
- Bachelor of Science (BSc) with QTS

T level

T levels are nationally recognised, technical qualifications for 16–19-year-olds. Designed by leading employers, one T level is equivalent in size to 3 A-Levels

Level 4/5 qualifications

Complete a L4/5 course and top up to a degree – L4/5 includes Certificate of HE, Diploma of HE, Higher Technical Qualification (HTQ), HNC, HND and Foundation degrees

Top up to a degree (Level 6) in a year of full-time study

Vocational/Technical Qualification

These include BTEC, Applied General Qualifications (AGQ) and Vocational Technical Qualifications (VTQ) – all at Level 3

Apprenticeships

Apprenticeships are jobs which combine practical work and study. Intermediate is Level 2, Advanced is Level 3

Higher apprenticeships

Higher level apprenticeship (foundation degree / Level 5)

Degree apprenticeships

Degree apprenticeship (Level 6-7). There is a Level 6 Teaching apprenticeship programme

Initial Teacher Training (ITT) with qualified teacher status (QTS)

Teacher

Physical Education pathways



Combine study
and work



Study



Work



Combine study and work

Apprenticeships

- Personal Trainer
- Sports Turf Operative
- Teacher
- Leisure Team Member
- Sports Coach
- Golf Greenkeeper
- Community Activator Coach
- Outdoor Activity Instructor
- Operational Firefighter
- Sporting Excellence Professional
- Workboat Crew Member

T Levels

- Health
- Healthcare Science
- Education and Early Years
- Animal Care and Management
- Agriculture, Land Management and Production

VTQs

- Sport and Physical Activity
- Sport and Exercise Science
- Sport and outdoor Activities
- Sport, Fitness and Personal Training
- Sporting Excellence and Performance
- Sports Coaching and Development
- Uniformed Protective Services



Study pathways

HTQs (Higher Technical Qualifications)

You might find courses in:

- Health and Science
- Education and Early Years

A levels

You might find courses in:

- Physical Education
- Psychology
- Biology

Higher education

You might find courses in:

- Applied Sports Science
- Applied Sports Science and Management
- Adventure Sports and Coaching
- Ballet Education
- Dance Education
- Applied Sports Coaching
- Applied Sports Coaching and Physical Education
- Football Business



Work pathways

Supported internships with an education, health and care plan

You might read about:

- [Access to Work Funding](#) (if you have a disability or health condition)
- [Preparing for Adulthood](#)

School leaver programmes

You might read about:

- [How to fill in an application form](#)
- [How to write a CV](#)
- [Interview help](#)
- [Progressing your career](#) (Careers Advice from NCS)

University league tables

See at a glance the university ranking for Physical Education

[Sports Science Rankings \(thecompleteuniversityguide.co.uk\)](https://thecompleteuniversityguide.co.uk)

Filter by:

- Overall score
- Entry standards
- Student satisfaction
- Research quality
- Research intensity
- Graduate prospects



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