

# Food and Nutrition

## My Learning, My Future

Where can studying Food and Nutrition take you? Highlighting the relevance of Food and Nutrition to future careers and opportunities

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# Why study Food and Nutrition?

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Enhances  
mental and  
physical  
performance

Developing  
essential skills

Opens diverse  
career  
opportunities

Promotes  
better health

Supports  
sustainable  
and ethical  
eating

# Explore a career as a...

Here are some example roles and careers linked to Food and Nutrition



## Chef

[BBC Bitesize case study](#)

[BBC Bitesize case study](#)



## Food Technologist

[icould case study](#)

[STEM case study](#)



## Food Quality Control Inspector

[BBC Bitesize Profile](#)

# Explore a career as a...

Here are some example roles and careers linked to Food and Nutrition



## Dietician

icould case study



## Restaurant Manager

BBC Bitesize Profile

icould case study



## Food & Beverage Manager

icould case study

YEUK case study

# Not so obvious subjects using Food and Nutrition:

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## Ever thought about..?

**BBC**  
Bitesize

[How to become a Personal Trainer:  
Louis' story](#)

[How to become a Chocolate maker:  
Max's story](#)

[How to become a Dental lab Assistant:  
Tom's story](#)

**National  
Careers  
Service**

[Consumer Scientist | Explore  
careers | National Careers Service](#)

[Wedding Planner | Explore careers  
| National Careers Service](#)



## MYPATH Job of the week (Food and Nutrition)

Nutritionist

Chef

Toxicologist

# KS3 Home learning task



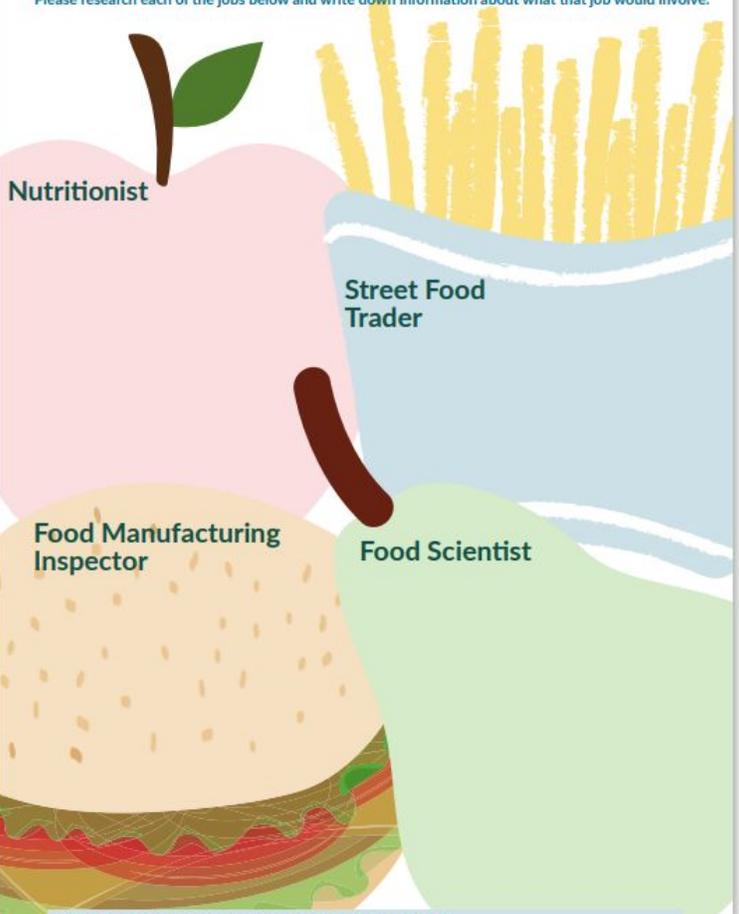

**Where can studying Food and Nutrition take you?**

Name: \_\_\_\_\_ Tutor group: \_\_\_\_\_

**Draw lines to match the ingredients to the food product and then to their correct main nutrients!**

 <p>Eggs, Cheese, Milk</p>	Coleslaw	Fibre & Carbohydrates
 <p>Oranges, Strawberries, Blackcurrants</p>	Salmon Frittata	Calcium
 <p>Salmon, Mushrooms, Spinach, Eggs, milk</p>	Cheese Omelette	Vitamin C
 <p>Cabbage, Carrots, Onions, Mayonnaise</p>	Brown Bread	Iron & Protein
 <p>Brown flour, Yeast, Salt, Water</p>	Fresh fruit Salad	Vitamin A & Calcium

Please research each of the jobs below and write down information about what that job would involve.



Please use the [National Careers Service](https://www.nationalcareersservice.org.uk) website to help you

Creation of homework task accredited to Wolverley CE Secondary School, Worcestershire Careers hub.

**Explore careers**

Find out what a job involves and if it's right for you.

Use the National Careers Service Explore careers tool to research for this homework

[Explore here](https://www.nationalcareersservice.org.uk)

# From passion to profession:

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## Share a role that sparks your interest

Prepare a 3 - 5 minute talk to share with a small group on any role that interests you related to Food and Nutrition.



- What is the role?
  - What do you need to do to get this role?
  - Where do you need to go to carry out this role?
  - What might a typical day look like?
  - Why are you interested in this role?
- 

# Discover more about the role

Explore careers using [National Careers Service](#) and find out about what jobs involve and how they are right for you

## Includes:

- Average salary
- Typical hours
- Work patterns
- Pathways/How to become
- Essential Skills
- Daily tasks
- Career path and progression
- Current opportunities

## Research Ideas:

- [Chef](#)
- [Food Technologist/Scientist](#)
- [Food Quality Control Inspector](#)
- [Dietician](#)
- [Restaurant Manager](#)
- [Catering Manager](#)

## National Careers Service

We provide information, advice and guidance to help you make decisions on learning, training and work.

This service is available to people who live in England.

### Skills assessment

Learn more about your skills and match them to potential new careers.

[Assess your skills](#)

### Explore careers

Choose from over 800 career profiles to discover what each job involves.

[Search job profiles](#)

### Find a course

Look for online learning opportunities and training courses local to you.

[Look for courses](#)

### Careers advice

#### Making career choices

Whether starting your career, changing job or if you have been affected by COVID-19, understand and make the right choice for you.

#### Getting a job

Be successful in the recruitment process with tips on great CVs, interviews and graduate scheme applications.

#### Progressing your career

Move up in your career by developing new skills. Find opportunities like volunteering and online learning.

### About us

The National Careers Service can help you with your career, learning and training choices. [Find out more](#) about the different ways we can support you.

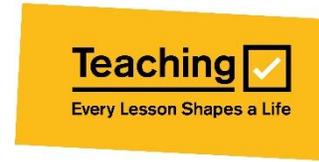
### Speak to a careers adviser

Wherever you are in your decision-making, you can call us on [0800 100 900](#) or [use webchat](#).

### Follow us

- [Twitter](#)
- [Facebook](#)
- [LinkedIn](#)
- [YouTube](#)

# Why not teach Food and Nutrition?



- No two days are the same – and neither are the pupils
- Once qualified you can teach throughout your life
- You could teach abroad
- Progress your career into leadership and management
- Bring your outside interests into the classroom and your subject

## Explore teaching

[Daniel's Story](#)

[Jem's Story](#)

[Shaniqua's Story](#)

## The right skills to teach?

[Work well in a team?](#)

[Love to nurture imagination?](#)

[Love to keep learning?](#)



What makes a great teacher?

## GCSE

While there are different routes you can take to be a teacher there are a few essential things that you will need:

- A minimum GCSE Grade 4 or above in English and Maths (plus Science if you want to teach primary)
- A degree or equivalent qualification

### A-Level

A-Levels are 2 years of study

### Degree

**Complete a degree course**

It is possible to get QTS as part of an undergraduate degree, for example:

- Bachelor of Arts (BA) with QTS
- Bachelor of Education (BEd) with QTS
- Bachelor of Science (BSc) with QTS

### T level

T levels are nationally recognised, technical qualifications for 16–19-year-olds. Designed by leading employers, one T level is equivalent in size to 3 A-Levels

### Vocational/Technical Qualification

These include BTEC, Applied General Qualifications (AGQ) and Vocational Technical Qualifications (VTQ) – all at Level 3

### Level 4/5 qualifications

Complete a L4/5 course and top up to a degree – L4/5 includes Certificate of HE, Diploma of HE, Higher Technical Qualification (HTQ), HNC, HND and Foundation degrees

Top up to a degree (Level 6) in a year of full-time study

### Apprenticeships

Apprenticeships are jobs which combine practical work and study. Intermediate is Level 2, Advanced is Level 3

### Higher apprenticeships

Higher level apprenticeship (foundation degree / Level 5)

### Degree apprenticeships

Degree apprenticeship (Level 6-7). There is a Level 6 Teaching apprenticeship programme

**Initial Teacher Training (ITT) with qualified teacher status (QTS)**

**Teacher**

# Food and Nutrition pathways

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Combine study  
and work



Study



Work



# Combine study and work

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## Apprenticeships

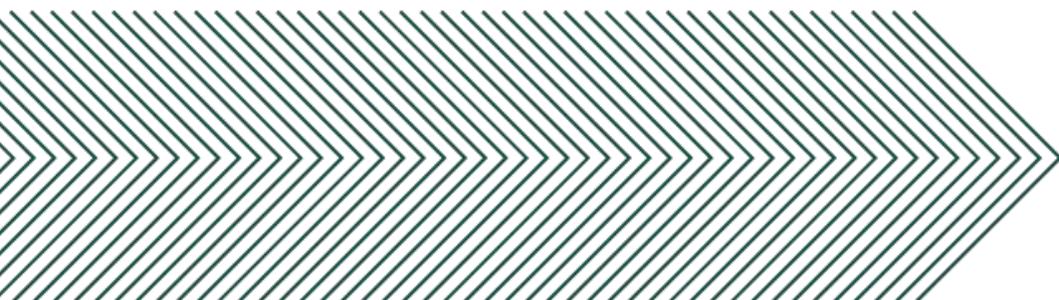
- Dietitian
- Hospitality team member
- Fishmonger
- Butcher
- Advanced Baker
- Senior Production Chef
- Dairy Technologist
- Commis Chef
- Food & Drink Engineer
- Chef de Partie

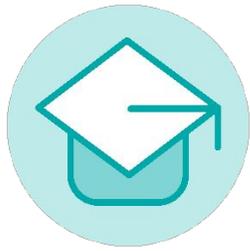
## T Levels

- Science
- Agriculture, Land Management and Production

## VTQs

- Food Science and Nutrition
- Professional Cookery
- Professional Chefs
- Global Hospitality
- Food safety in Catering
- Hospitality and Catering Nutrition
- Professional Bartending





# Study pathways

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## HTQs (Higher Technical Qualifications)

You will find occupation routes in:

- Education and Early Years
- Business and Management

## A levels

You might find courses in:

- Travel and Tourism

## Higher education

You might find courses in:

Quality and safety across the food chain

- Sensory Science
- Human Nutrition
- Food Chemistry
- Sustainable Agriculture and ingredient sourcing
- Hospitality and Catering





# Work pathways

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## Supported internships with an education, health and care plan

You might read about:

- [Access to Work Funding](#) (if you have a disability or health condition)
- [Preparing for Adulthood](#)

## School leaver programmes

You might read about:

- [How to fill in an application form](#)
- [How to write a CV](#)
- [Interview help](#)
- [Progressing your career](#) (Careers Advice from NCS)



# University league tables

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## See at a glance the university ranking for Food and Nutrition

[Food and Nutrition Rankings \(thecompleteuniversityguide.co.uk\)](https://thecompleteuniversityguide.co.uk)

### Filter by:

- Overall score
- Entry standards
- Student satisfaction
- Research quality
- Research intensity
- Graduate prospects



THE CAREERS &  
ENTERPRISE  
COMPANY