

July 2026

Dear Parents/Carers

This academic year has seen an amazing display of talent, commitment, and excellence from students at PCS. Our sports season has been one of the busiest over the past academic years, serving as a testament to the thriving culture of competitive sport and extracurricular enrichment at PCS.

We are incredibly proud to report that our sports teams have collectively participated in **97 games** and **events** this year including **54 away trips**. Over **185** students have represented PCS in a competitive event this year in many activities including Swimming, Indoor Athletics, Cross Country, Basketball, and Rugby, Pickleball, Athletics, Football and Netball. Beyond the fixtures, our broader after-school club provision has flourished. Our **students** have shown incredible enthusiasm all year to try new activities, contributing to a massive **91 club days** this year. Engaging in after-school clubs, demonstrating a wonderful balance of competitive drive and a desire for personal enrichment.

Beyond the scores and league tables, what has been most impressive is the way our students have conducted themselves. The PE department's ethos of **perseverance**, **sportsmanship**, and **commitment** has been evident in every session. Whether facing a tough away fixture in the rain or trying a new activity for the first time, our students have demonstrated **Respect** for their opponents, a **Belief** in their own abilities, and a significant **Contribution** to the collective success of their teams and clubs.

Through their **Aspiration** to reach county semi-finals and their **Achievement** in various district tournaments, the students highlighted below have set a standard for excellence in both their performance and their behaviour. This report celebrates those journeys and the milestones reached during this year. Whether students have participated in every fixture or joined a new club to broaden their experiences, their contributions are recognised and valued by all staff. We would like to thank all parents for their continued support in making these opportunities possible for our students.

Contents

- 1 - Year in review
- 3 - Extracurricular Summary
- 4 - Girls Football
- 10 - Boys Football
- 20 - Netball
- 28 - Cross Country
- 29 - Swimming
- 30 - Rugby
- 31 - Indoor Athletics
- 33 - Basketball
- 36 - Sports Day
- 38 - Town Sports
- 40 - Record Breakers
- 42 - Swale Sports Festival: Pickleball
- 43 - Sports Fundraiser Walk
- 45 - Sports Awards
- 46 - Staff and parental recognition
- 47 - How you can support:
 - Sports Memorial charitable fund
 - Sponsorship Opportunities

Extra Curricular Summary



This year at PCS, our after-school club and fixture program has provided students with a broad range of activities. Whether students are seeking competitive fixtures or the enjoyment of non-competitive recreational clubs, there has been an enriching opportunity for all to get involved and develop new skills. PCS students have demonstrated **perseverance** to attend clubs in all weather conditions. The **commitment** and **sportsmanship** of our students is reflected in the below milestones:

- Total Club Days: **91**
- Average number of students attending each club: **24 students**
- Total Student Engagement: **137,100 minutes**
- Total Time Invested: **2,285 hours** (the equivalent of 95 full days)

These figures highlight the community spirit at PCS and the students' commitment to contributing to positive experiences beyond the classroom. We are incredibly proud of our students' enthusiasm and look forward to seeing these numbers continue to grow.

Extracurricular offer this year

After School Clubs

- ☐ Boys Football
- ☐ Girls Football
- ☐ Netball
- ☐ Rugby
- ☐ Badminton
- ☐ Basketball
- ☐ Table Tennis
- ☐ Pickleball
- ☐ Volleyball
- ☐ Cricket
- ☐ Athletics

Fixtures

- ☐ Boys Football
- ☐ Girls Football
- ☐ Netball
- ☐ Rugby
- ☐ Basketball
- ☐ Indoor Athletics
- ☐ Swimming
- ☐ Cross Country
- ☐ Indoor Athletics
- ☐ Town Sports
- ☐ Pickleball

Year 7 Girls Football



Year in review

The **Year 7 Girls football team** has enjoyed a fantastic start at PCS, displaying incredible effort and commitment. While they have faced some challenging opposition in the league, their resilience has led to a standout run in the **County Shield**. After a series of impressive performances, the girls reached the County Shield Final where they performed extremely well and were very unlucky to come out as runners up in a game that could have gone either way. Every single player contributed to the team's performance and positive atmosphere. The Year 7 girls should be extremely proud of their efforts this year.

- Eastbourne League Position: 4th
- Eastbourne Cup Progression: Quarter Finals
- Sussex County Shield Final: 1-0 Loss vs The Forrest School

Year 7 Girls Football: Captains Comments

Captain: Becca Moore

1. **The Season Summary:** In three words, how would you describe this year?
Resilience, Effort, Competitive
2. **The PCS Way:** Which of our school values (**Respect, Belief, Contribution, Aspiration, Achievement & Sportsmanship**) did the team demonstrate most clearly this year?
Belief - Believing that we can win.
Contribution - Contributing to every game we played in.
3. **Best Moment of the Year:** Winning 9-1 in our first match and the celebrations afterwards.
4. **Captain's Advice:** What is one piece of advice you would give to other team captains?
Stay resilient even if you are losing and encourage your team.
5. **A Final Word:** Thank you to Mr Thomsett and all the other teachers that made all of the games happen. Well done to the team for working so hard and playing so well.

Year 7 Girls Football

Team Appearance List:

Congratulations to the below students who have represented this year's Year 7 girls football team.

1	Darcy	Adams	9	Rebeca	Pires Viana (C)
2	Romily	Harfield	10	Eva	Ranger
3	Isabelle	Huntley	11	Emily	Roberts
4	Ala	Kajdi	12	Sydney	Smith
5	Mia	Kelly	13	Mae	Swinerd
6	Daisy	Luck	14	Ruby	Walsh
7	Erin	Madeline	15	Jessica	Wilson
8	Becca	Moore	16		

<u>Year 7 Girls Football Results</u>	
Year 7 Girls Football	
<u>League Games</u>	
Team	Result
Seaford	3-2 W
St Catherines	3-2 L
Gildredge House	8-1 L
Cavendish	3-1 L
Willingdon	1-1
<u>Eastbourne Cup</u>	
Hailsham	9-1 W
Quarter Final: Gildredge	8-1 L
<u>County Cup</u>	
Patcham	2-1 L
<u>County Shield</u>	
Thomas Bennett	5-1 W
Dorothy Stringer (Semi Final)	2-0 W
The Forest School (Final)	1-0 L

U14 Girls Football



Year in review

The **U14 Girls football team** has demonstrated great tenacity this winter, consistently rising to the challenge against high-level league opposition. Their persistence was evident in the **Eastbourne Cup**, where determined performances secured them a spot in the **quarter-finals**. This progress highlights the squad's spirit. Well done to all involved.

- Eastbourne League Position: 5th
- Eastbourne Cup Progression: Quarter Finals
- County Cup: 1st round exit

Girls U14s Football: Captains Comments

Captain: Jess Reed

1. **The Season Summary:** In three words, how would you describe this year?
Change, Fun, Interesting
2. **The PCS Way:** Which of our school values (**Respect, Belief, Contribution, Aspiration, Achievement & Sportsmanship**) did the team demonstrate most clearly this year?
Belief - In a cup match this year, we were losing at half time and didn't give up!
3. **Best Moment of the Year:** When we won our penalty shootout because it was a great feeling.
4. **Captain's Advice:** What is one piece of advice you would give to other team captains?
Keep pushing your team forward and don't let your head drop.
5. **A Final Word:** Thank you for showing up and organising matches for us.

U14s Girls Football

Team Appearance List:

Congratulations to the below students who have represented this year's U14 girls football team.

1	Lily	Browning	9	Scarlett	Miller
2	Emmie	Ebeling	10	Milana	Muzicuka
3	Beth	Giles	11	Gracie	Nicholls
4	Darcie	Gregory	12	Jess	Reed (C)
5	Freddie-Mae	Grantham	13	Willow	Smeaton
6	Abigail	Martin	14	Esmee	Smith
7	Amelia	Emery	15	Amelia	Emery
8	Holly	Mash	16	Rosie	Mash

<u>U14 Girls Football Results</u>	
U14s Girls	
<u>League Games</u>	
Team	Result
Willingdon	1-1
Cavendish	4-0 L
Seaford	3-1 W
Ratton	4-2 L
Seahaven	3-0 L
<u>Eastbourne Cup</u>	
Hailsham	1-1 (5-3 win on penalties)
Cavendish	4-0 L
<u>County Cup</u>	
Varndean	2-0 L
<u>County Shield</u>	
Patcham	2-2 (5-4 loss on penalties)

U15 Girls Football



Year in review

The **U15 Girls team** made an impressive debut in the National Cup this year, demonstrating a dominant display in the first round winning **7-0** against Hazelwick. Although their journey ended in a hard-fought second-round match against a strong St Bedes side, the girls represented the school with pride and demonstrated excellent character. Well done to all involved.

U15 Girls Football: Captains Comments

Captain: Scarlett King

- The Season Summary:** In three words, how would you describe this year?
Exciting, Teamwork, Encouraging
- The PCS Way:** Which of our school values (**Respect, Belief, Contribution, Aspiration, Achievement & Sportsmanship**) did the team demonstrate most clearly this year?
Contribution - When everybody turned up to play their part in each game.
- Best Moment of the Year:** When we won the first round of the national cup 7-0 to progress in the competition.
- Captain's Advice:** What is one piece of advice you would give to other team captains?
Enjoy the game, make the most of each opportunity.
- A Final Word:** Thank you for everything this year, including your encouragement and support.

U15s Girls Football

Team Appearance List:

Congratulations to the below students who have represented this year's Year U15 girls football team.

1	Pixie	Collier	7	Rosie	Mash
2	Emmie	Ebeling	8	Arla	Moriarty
3	Beth	Giles	9	Milana	Muzicuka
4	Scarlett	King (C)	10	Gracie	Nicholls
5	Freddie	Mae-Grantham	11	Jess	Reed
6	Holly	Mash			

<u>U15 Girls Football Results</u>	
U15s Girls	
<u>National Cup</u>	
Team	Result
Hazelwick	7-0 W
St Bedes	4-0 L

Year 7 Boys Football



Year in review

The Year 7 Boys football team has made a brilliant start to life at PCS, settling into school sport with great energy and enthusiasm. Despite facing tough opposition in a competitive league, the team have demonstrated growth and resilience. Well done to all involved!

- Eastbourne League Position: 3rd
- Eastbourne Cup Progression: Quarter Finals
- County Cup: 1st round exit

Year 7 Boys Football: Captains Comments

Captain: Toby Lower

- The Season Summary:** In three words, how would you describe this year?
Important, Great, Busy
- The PCS Way:** Which of our school values (**Respect, Belief, Contribution, Aspiration, Achievement & Sportsmanship**) did the team demonstrate most clearly this year?
We all showed sportsmanship in games, we had belief to try our best at all times and we contributed equally during games.
- Best Moment of the Year:** George scoring two freekicks in our game to get us a point.
- Captain's Advice:** What is one piece of advice you would give to other team captains?
Be positive and resilient and keep your head up.
- A Final Word:** Well done and thank you for your help. We will try our best to win the league next year!

Year 7 Boys Football

Team Appearance List:

Congratulations to the below students who have represented this year's Year 7 boys football team.

1	Andrej	Frivaldsky	9	Nico	Anderson
2	Barkley	Stenner	10	Ollie	Upfold
3	Dylan	Brown	11	Omar	Aboushabana
4	Elliot	Buss	12	Oscar	Siu
5	George	Hendon	13	Sonny	Hill
6	Hudson	Knevett	14	Toby	Lower (C)
7	Jayden	Berwick	15	Tomasz	Elliot
8	Mason	Regan	16	Tommy	Stevenson

<u>Year 7 Boys Football Results</u>	
Year 7 Boys	
<u>League Games</u>	
Team	Result
Cavendish	3-1 W
Willingdon	3-3
Seaford	4-1 L
St Catherines	4-2 L
Hailsham	4-1 W
<u>Eastbourne Cup</u>	
Seaford	3-0 L
<u>County Cup</u>	
St Catherine's	4-2 L
<u>County Shield</u>	
Lewes Priory	3-0 L

Year 8 Boys Football



Year in review

The Year 8 Boys have enjoyed a successful year, securing a cup and league double as winners of both the Eastbourne League and the Eastbourne Cup. Achieving the league whilst going unbeaten. As well as winning the cup in a thrilling final against Cavendish, which went all the way to penalties. Winning the cup and league position has earned all players a PCS Phoenix badge.

- Eastbourne League Position: 1st
- Eastbourne Cup Progression: Winners
- County Cup: 2nd round exit

Year 8 Boys Football: Captains Comments

Captain(s): Joe Brown & Danny Barden

1. **The Season Summary:** In three words, how would you describe this year?
Amazing, Fun, Successful
2. **The PCS Way:** Which of our school values (**Respect, Belief, Contribution, Aspiration, Achievement & Sportsmanship**) did the team demonstrate most clearly this year?
Achievement - Winning the Eastbourne League without losing a game, and winning the Eastbourne cup.
3. **Best Moment of the Year:** If you had to pick one "moment" from the year, what would it be and why?
Winning the penalty shootout in the final. Danny saving the penalty and CJ scoring the winner.
4. **Captain's Advice:** What is one piece of advice you would give to other team captains?
Enjoy it! Have fun whilst supporting your team.
5. **A Final Word:** Thank you for everything this year!

Boys Football - Year 8

Team Appearance List:

Congratulations to the below students who have represented this year's Year 8 boys football team.

1	Harry	Baker	10	Blake	Malone
2	Danny	Barden (VC)	11	Byron	Mullins
3	Joe	Brown (C)	12	Toby	Packham
4	Jaiden	Denston	13	Mikey	Quayle
5	Vinnie	Furner	14	CJ	Sarrahwitz
6	Frankie	Harris	15	Theo	Verall
7	Dexter	Knight	16	Harvey	Weston
8	George	Lunn	17	Hajid	Zaki
9	Ted	Macdonald			

<u>Year 8 Boys Football Results</u>	
Year 8 Boys	
<u>League Games</u>	
Team	Result
Cavendish	3-1 W
Willingdon	3-2 W
Seaford	2-1 W
Gildredge House	3-0 W
Hailsham CC	2-1 W
<u>Eastbourne Cup</u>	
St CC	5-0 W
Willingdon	3-2 W
Final: Cavendish	1-1 (4-3 Penalty Win)
<u>County Cup</u>	
Thomas Bennett	2-2 (5-2 win on penalties)
Sir Robert Woodard	3-0 L

Year 9 Boys Football



Year in review

The Year 9 team showed impressive resilience and determination this season while competing in a highly challenging A League. Despite the team's hard work and consistency, results did not go their way, meaning they will move into the B League next year's league competition..

- Eastbourne League Position: 6th
- Eastbourne Cup Progression: Quarter Finals
- County Cup: 2nd round exit

Year 9 Boys Football: Captains Comments

Captain: Toby Shergold

- The Season Summary:** In three words, how would you describe this year?
Exciting, Challenging, Fun
- The PCS Way:** Which of our school values (**Respect, Belief, Contribution, Aspiration, Achievement & Sportsmanship**) did the team demonstrate most clearly this year?
Contribution - Everyone contributed in their own way this season.
- Best Moment of the Year:** Beating Ratton on penalties.
- Captain's Advice:** What is one piece of advice you would give to other team captains?
Motivate your team whether you're winning or losing.
- A Final Word:** Even though some results didn't go our way, it was a good experience. Thank you.

Boys Football - Year 9

Team Appearance List:

Congratulations to the below students who have represented this year's Year 9 boys football team.

1	Harley	Barnes	11	Harry	Kelly
2	Olly	Brown	12	Noah	Knight
3	Bertie	Childs	13	Zakaria	Maamri
4	Flynn	Eddy-West	14	Leo	Macleod
5	Brayden	Edwards	15	Jesse	McMahon
6	Freddie	Forrest	16	Ellis	Poore
7	Rauridh	Glidden	17	Toby	Shergold
8	Rory	Grant	18	Brady	Sinclair
9	Ben	Hennessey	19	Harry	Sutton
10	Jayden	Jones			

<u>Year 9 Boys Football Results</u>	
Year 9 Boys	
<u>League Games</u>	
Team	Result
Cavendish	5-1 L
Willingdon	5-1 L
Seaford	6-0 L
St Catherines	3-0 L
Gildredge House	1-1
<u>Eastbourne Cup</u>	
Ratton	2-2 (Penalty win)
Willingdon	5-1 L
<u>County Cup</u>	
Lewes Priory	6-1 W
Downlands	6-0 L

Year 10 Boys Football



Year in review

The Year 10 squad have enjoyed an exceptional season, characterised by a high level of performance by all involved. The team demonstrated outstanding consistency across all competitions, reaching the Semi-Final of the County Cup and progressing all the way to the Eastbourne Cup Final, where they finished as narrow runners-up in a penalty shootout. Eastbourne league winners and reaching the 3rd round of the National Cup.

- Eastbourne League Position: 1st
- Eastbourne Cup Progression: Final (runners up)
- County Cup: Semi Final
- National League: 3rd round exit

Year 10 Boys Football: Captains Comments

Captains: Luke Silsby & Stan Boxall

1. **The Season Summary:** In three words, how would you describe this year?
Hard work, Competitive, Challenge
2. **The PCS Way:** Which of our school values (**Respect, Belief, Contribution, Aspiration, Achievement & Sportsmanship**) did the team demonstrate most clearly this year?
Belief - In games we went a goal down and came back to win the match.
3. **Best Moment of the Year:** If you had to pick one "moment" from the year, what would it be and why?
Making good progress in the national cup whilst playing against very difficult teams.
4. **Captain's Advice:** What is one piece of advice you would give to other team captains?
Be positive and support your teammates.
5. **A Final Word:** Thank you for supporting us this year.

Team Appearance List:

Congratulations to the below students who have represented this year's Year 10 boys football team.

1	Austin	Andersen	10	Theo	Katsandreas
2	Harry	Baldey	11	Dan	Kenneally
3	Charlie	Barden	12	Harry	Lunn
4	Stanley	Boxall	13	Luca	Miller
5	Bobbie	Eaton	14	Jack	Richardson
6	Jackson	Eaton	15	Luke	Silsby (C)
7	Charlie	Ford	16	Harrison	Thompsett
8	Josh	Golds	17	Harry	Venner
9	Junior	Hill	18	Max	Wood

Year 10 Boys		National Cup	
League Games			
Team	Result	Bedes	1-1 (Penalty Win)
Cavendish	3-0 W	Heathside	5-0 W
Willingdon	2-2	Walton-on-Thames	3-2 L
Seaford	6-2 W		
St Catherines	5-0 W		
The Eastbourne Academy	3-0 W		
Eastbourne Cup			
Hailsham	3-1 W		
Semi Final - St Catherines	5-0 W		
Final - Willingdon	1-1 (8-9 penalty loss)		
County Cup			
Beacon Academy	8-2 W		
Buxwood	3-2 W		
Tanbridge	2-0 W		
Quarter Final - Cardinal Newman	3-2 W		
Semi Final - Bedes	3-0 L		

Year 10 Boys Football



Year in review

The Year 11 squad have concluded their school football journey at PCS with a season defined by success. The team delivered a dominant performance in the Eastbourne Cup, progressing with an emphatic 3-0 win in the final. This success was mirrored in their league campaign, where they secured a 3rd place finish in the competitive Eastbourne League.

- Eastbourne Cup: Winners
- Eastbourne League: 3rd place

Year 11 Boys Football: Captains Comment

Captain: Harry Hayden

1. **The Season Summary:** In three words, how would you describe this year?
Trophy, Winning, Successful
2. **The PCS Way:** Which of our school values (**Respect, Belief, Contribution, Aspiration, Achievement & Sportsmanship**) did the team demonstrate this year?
Belief - We showed belief to win the cup.
3. **Best Moment of the Year:** If you had to pick one "moment" from the year, what would it be and why?
Winning the Year 11 Eastbourne Cup two years in a row.
4. **Captain's Advice:** What is one piece of advice you would give to other team captains?
Talk to all players and encourage them.
5. **A Final Word:** Well done to all players this year!

Year 11 Boys Football

Team Appearance List:

Congratulations to the below students who have represented this year's Year 11 boys football team.

1	Isacc	Arkwell	9	Leyton	Eyre
2	Jack	Bassett	10	Harry	Hayden (C)
3	Harrison	Brown	11	Harry	Hulse
4	Marlon	Brown	12	Riley	Lawrence
5	Charlie	Burns	13	Theo	Smeaton
6	Alfie	Caulfield	14	Jayden	Smith
7	Stanley	Durkin	15	George	Thompsett
8	Freddie	Ebeling	16	Archie	Woodcock

<u>Year 11 Boys Football Results</u>	
Year 11 Boys	
<u>League Games</u>	
Team	Result
Seaford	7-1 W
Hailsham CC	6-1 W
<u>Eastbourne Cup</u>	
<i>Gildredge House</i>	3-0 W
Semi Final - Seaford Head	7-1 W
Final - St Catherines	3-0 W

Year 7 Netball



Year in review

The Year 7 Netball team have had a brilliant start to their sporting journey at PCS, displaying fantastic contribution and team spirit. Although the results on the scoreboard did not go their way this year, the girls thoroughly enjoyed their first experience of competitive secondary school sport.

- Eastbourne League position: 5th

Year 7 Netball: Captains Comment

Captain: Isabelle Huntley

- The Season Summary:** In three words, how would you describe this year?
Resilience, Hardworking, Competitive
- The PCS Way:** Which of our school values (**Respect, Belief, Contribution, Aspiration, Achievement & Sportsmanship**) did the team demonstrate this year?
Belief - We showed belief that we can get a win against tough teams.
- Best Moment of the Year:** The team scoring against tough teams and working hard until the end.
- Captain's Advice:** What is one piece of advice you would give to other team captains?
Stay Resilient
- A Final Word:** Thank you for your hard work this year!

Year 7 Netball

Team Appearance List:

Congratulations to the below students who have represented this year's Year 7 netball team.

1	Phoebe	Bickmore	8	Denys	Kopylov
2	Evie	Bird	9	Becca	Moore
3	Jessica	Gridley	10	Emily	Roberts
4	Maddie	Harber	11	Molly	Sibbald
5	Duke	Holford	12	Euan	Stanley
6	Isabelle	Huntley	13	Mae	Swinerd
7	Skyla	Ibbott			

<u>Year 7 Netball Results</u>	
Year 7	
<u>League Games</u>	
Team	Result
Ratton	11-2 L
Willingdon	5-1 L
The Eastbourne Academy	5-0 L
The Turing School	10-1 L

Year 8 Netball



Year in review

Building on a very positive year 7 season, the Year 8 squad continued their upward trajectory with a strong league campaign. The group demonstrated excellent teamwork and spirit, competing fiercely in every fixture. Their hard work was rewarded with a highly impressive 3rd place finish in the league

- Eastbourne League Position: 3rd

Year 8 Netball: Captains Comments

Captain: Freya Whitney

1. **The Season Summary:** In three words, how would you describe this year?
Fun, Competitive & Exciting
2. **The PCS Way:** Which of our school values (**Respect, Belief, Contribution, Aspiration, Achievement & Sportsmanship**) did the team demonstrate this year?
Belief - Our players believed in themselves against tough opponents to win matches and keep going when falling behind.
3. **Best Moment of the Year:** If you had to pick one "moment" from the year, what would it be and why?
When we won against The Eastbourne Academy, everyone was so supportive for the other team.
4. **Captain's Advice:** What is one piece of advice you would give to other team captains?
Be Supportive of other players and stay positive.
5. **A Final Word:** Thank you for your encouragement and for believing in us. Well done to all players for turning up each game and trying your best.

Year 8 Netball

Team Appearance List:

Congratulations to the below students who have represented this year's Year 8 Netball team.

1	Evie	Ardean-Webb	6	Olivia	Perry
2	Brooke	Brown	7	Skye	Price
3	Indie	Holden	8	Poppy	Pryde
4	Scarlett	Miller	9	Scarlett	Pullen
5	Phoebe	Packham	10	Freya	Whitney

<u>Year 8 Netball Results</u>	
Year 8	
<u>League Games</u>	
Team	Result
Ratton	7-6 W
Willingdon	10-1 L
The Eastbourne Academy	8-6 W
The Turing School	5-0 W

Year 9 Netball



Year in review

The Year 9 Netball team have enjoyed another successful season. The team performed consistently throughout the year, delivering several dominant displays on the court and showcasing their ability. Their efforts resulted in a brilliant 2nd place finish in the league, only narrowly missing out on promotion to the A league by a small margin.

- Eastbourne League Position: 2nd

Year 9 Netball: Captains Comments

Captain: Myah Chapman

- The Season Summary:** In three words, how would you describe this year?
Challenging, Competitive, Exciting
- The PCS Way:** Which of our school values (**Respect, Belief, Contribution, Aspiration, Achievement & Sportsmanship**) did the team demonstrate most clearly this year?
Contribution - Everyone tried their hardest and helped everyone while contributing to the team with their skills and encouragement.
- Best Moment of the Year:** If you had to pick one "moment" from the year, what would it be and why?
Winning all of our games and having a great time whilst playing them.
- Captain's Advice:** What is one piece of advice you would give to over team captains?
Be motivational to the team and be ready to give advice and help where needed.
- A Final Word:** Thank you! We all supported each other as a team and stuck together. I also want to say thank you for this opportunity, this year has been amazing.

Team Appearance List:

Congratulations to the below students who have represented this year's Year 9 Netball team.

1	Sophia	Bromley	6	Dixie	Holford
2	Asi	Carnell	7	Naomi	Lean
3	Myah	Chapman (C)	8	Poppy	Siu
4	Libby	Cheek	9	Tianne	Vollebregt
5	Olivia	Cragg			

<u>Year 9 Netball Results</u>	
Year 9	
<u>League Games</u>	
Team	Result
Gildredge House	4-0 W
Seahaven	12-8 W
The Eastbourne Academy	16-7 W
Turing School	3-0 W

Year 10 Netball



Year in review

The Year 10 team have completed an excellent season finishing 1st in the league with an unbeaten record. As a result, the team has secured a well-deserved promotion to the A League for their final year at PCS. This achievement is a testament to the squad's hard work.

- Eastbourne League Position: 1st

Year 10 Netball: Captains Comments

Captain: Kaelin Fletcher

- The Season Summary:** In three words, how would you describe this year?
Teamwork, Fun, Exciting
- The PCS Way:** Which of our school values (**Respect, Belief, Contribution, Aspiration, Achievement & Sportsmanship**) did the team demonstrate most clearly this year?
Contribution - Everyone showed up when needed to be a part of the team.
Achievement - We won all of our games!
- Best Moment of the Year:** Winning some of our games with 10+ goals.
- Captain's Advice:** What is one piece of advice you would give to over team captains?
Have good communication skills and don't be afraid to take the lead. Practice your rock, paper, scissor skills!
- A Final Word:** Thank you to everyone for your support and encouragement.

Team Appearance List:

Congratulations to the below students who have represented this year's Year 10 Netball team.

1	Anushka	Bisswas	6	Arla	Moriarty
2	Ashleigh	Costan	7	Tamia	Rose
3	Millie	Cross	8	Rose	Thomas
4	Kaelin	Fletcher	9	Lois	Emery
5	Izzy	Haigh			

<u>Year 10 Netball Results</u>	
Year 10	
<u>League Games</u>	
Team	Result
Gildredge House	5-0 W
Seahaven	10-6 W
The Eastbourne Academy	7-0 W
Turing School	13-3 W

Cross Country



Year in review

PCS students performed in two separate cross country events this year. One at Eastbourne Sports Park and the other at Brighton Water Hall. Both events saw a large number of schools put forward high level long distance runners across Years 7-11. Our PCS cross country runners demonstrated resilience and aspiration to compete in unfavourable conditions. Well done to all involved.

Stand out finishes:

- Eastbourne Partnership Cross Country Event
 - Tobias Crossley: 1st place (Year 7)
 - Harvey D Weston: 11th place (Year 8)
 - Rory Grant: 1st place (Year 9)
 - Bethan Cole: 3rd place (Year 10)
- Sussex Schools Cross Country Championships at Brighton Waterhall
 - Rory Grant: 9th out of 280 runners (Year 8)
 - Bethan Cole: 72nd out of 210 runners (Year 10)

Team Appearance List:

Congratulations to the below students who have represented this year's cross county team.

1	Tobias	Crossley	6	Rory	Grant
2	Byron	Mullins	7	Noah	Knight
3	Harvey D	Weston	8	Bethan	Cole
4	Thomas	Winton	9	Bobbie	Eaton
5	Willow	Smeaton			

Swimming

PCS delivered an exceptional performance at the Eastbourne College Pool during this year's one-day Eastbourne Partnership swimming gala. Students from Year 7 through to Year 11 competed side-by-side, demonstrating fantastic teamwork and contribution. The event was a huge success for PCS, with the KS3 Girls securing first place in their category and PCS ultimately being crowned overall winners of the gala.



This achievement is a reflection of the hard work and determination shown by all our swimmers. As a reward for their amazing efforts, every competitor has earned themselves a prestigious PCS Phoenix badge. We are incredibly proud of the depth of talent shown in the pool this year.

Standings					
KS3 Girls: 1st Place Overall team standings: PCS 1st place					
Individual Places					
Name	Event	Position	Name	Event	Position
Phoebe Simpson (Year 8)	KS3 Girls 50m Backstroke	1st	Amelie Knott (Year 9)	KS3 Girls 50m Freestyle	1st
	KS3 Girls 50m Butterfly	1st	Jake Emslie (Year 10)	KS4 Boys 50m Freestyle	2nd
Hudson Jackson (Year 8)	KS3 Boys 50m Backstroke	2nd		KS4 Boys 50m Breaststroke	2nd
	KS3 Boys 50m Freestyle	1st	Eva Ranger, Dixie Holford, Amelie Knott, Phoebe Simpson	KS3 Girls Team Relay	1st
Dixie Holford (Year 9)	KS3 Girls 50m Breaststroke	1st	Lucia Wilder, Dixie Holford, Amelie Knott, Phoebe Simpson	KS4 Girls Team Relay	3rd
	KS4 Girls 50m Breaststroke	2nd			

Year 7 Girls T1 Tag Rugby



A keen group of our Year 7 girls attended a T1 Tag Rugby development day at Seaford Rugby Club, competing alongside six other local schools. The event focused on promoting girls' rugby at a grassroots level and inspiring the next generation of players.

Despite most of our students being complete beginners to the sport, they demonstrated respect and passion throughout the day. Their engagement and willingness to try their absolute best in a new environment were outstanding. We were incredibly impressed by how quickly they picked up aspects of the game and look forward to building on this foundation to grow our' rugby offer next year.

Appearance List:

Congratulations to the below students who have represented the team:

1	Romily	Harfield	9	Jessica	Wilson
2	Evie	Bird	10	Darcy	Adams-Bush
3	Emily	Roberts	11	Jessica	Gridley
4	Erin	Madeline	12	Rebeca	Pires Viana
5	Skyla	Ibbott	13	Becca	Moore
6	Molly	Sibbald	14	Isabelle	Huntley
7	Maddie	Harber	15	Mae	Swinerd
8	Phoebe	Bickmore			

Year 7 Indoor Athletics



Event Review

Our youngest athletes also made their debut at the annual Willingdon indoor competition, facing off against 12 other local schools. For all students, this was their first experience of secondary school athletics.

The Year 7 boys delivered a series of strong performances in the track events to secure a very respectable 7th place finish overall. The girls team demonstrated potential across the board, finishing in 10th place. Both teams gained valuable experience in a high-pressure environment, and their behaviour throughout the day was a credit to the school.

Team Appearance List:

Congratulations to the below students who have represented the team:

1	Tommy	Stevenson	8	Emily	Roberts
2	Isabelle	Huntley	9	Tobias	Crossley
3	Barkley	Stenner	10	Jessica	Wilson
4	Rebeca	Pires Viana	11	Mason	Regan
5	Toby	Lower	12	Romily	Harfield
6	Mia	Moore	13	George	Hendon
7	Omar	Aboushabana			

Year 8 Indoor Athletics



Event Review

The Year 8 Indoor Athletics team went to Willingdon to compete in the annual indoor athletics competition, joining a competition of twelve local schools. The event included a variety of adapted track and field events completed within the sports hall in front of a large crowd.

Both the boys' and girls' squads represented PCS with great pride. After competitive heats and field rotations, the Year 8 girls secured a respectable 7th place finish overall, while the boys' team finished 9th overall. In the Summer term, we continue to offer athletics opportunities through Sports Day and Town Sports where our students will put their athleticism to the test.

Team Appearance List:

Congratulations to the below students who have represented the team:

1	Lilah	Buss	8	Curtis	Oladimeji
2	Harvey D	Weston	9	Skye	Price
3	Olivia	Farley	10	George	Lunn
4	Toby	Packham	11	Lilly	Browning
5	Harry	Baker	12	Max	Ellis Carmen
6	Jemima	Bacon	13	Phoebe	Packham
7	Byron	Mullins	14	Scarlett	Miller

Year 7 3v3 Basketball



Event Review

The Year 7 basketballers demonstrated their skills at the 3v3 tournament held at The Turing School, marking the first competitive basketball experience for all students. In preparation for the event, students benefited from coaching during our after-school club sessions led by Force Basketball.

All students represented PCS with a positive attitude and great sportsmanship. The boys' team performed brilliantly to secure 3rd place overall, while the girls' team fought hard to finish in a very respectable 4th place.

Team Appearance List:

Congratulations to the below students who have represented the team:

1	Harrison	Draper	8	Ronnie	Cooper
2	Denys	Kopylov	9	Sophie	Butson
3	Ben	Knight	10	Mia	Gravenor
4	Levi	Pratt	11	Phoebe	Bickmore
5	Euan	Stanley	12	Edith	Kendall
6	Duke	Holford	13	Mia	Moore
7	Isabelle	Huntley	14	Katie	Butson

Year 8 3v3 Basketball



Event Review

Following the Year 7s, our Year 8 teams also traveled to The Turing School for their own 3v3 tournament.

The competition was fast paced. Both PCS teams rose to the occasion and displayed great team performances across the board. Out of 10 schools attending the event. The boys secured a 4th place finish, whilst the girls achieved a 3rd place finish.

Team Appearance List:

Congratulations to the below students who have represented the team:

1	Lilah	Buss	5	Byron	Mullins
2	Olivia	Farley	6	Tor	Evans
3	Scarlett	Miller	7	Oliver	Campbell
4	Max	Ellis Carman	8	Abdul	Subhan

Year 9 3v3 Basketball



Team Appearance List:

Congratulations to the below students who have represented the team:

1	Naomi	Lean	8	Tianne	Vollebregt
2	Joshua	Kinney	9	Arthur	De Foubert
3	Dixie	Holford	10	Asi	Carnell
4	Harry	Coppard	11	Harry	Kelly
5	Jack	Virgo	12	Livvy	Moore
6	Olivia	Cragg	13	Lewis	McDonald
7	James	Hayden			

Sports Day

This year's Sports Day event saw an outstanding level of performance across both full days of sports day competitions. On Monday, Year 7 & 8s completed their events whilst proudly representing their houses. Whilst the Year 9s and 10s competed in their houses the following day.

What an incredible few days of athletic excellence and House pride! This year's Sports Day will be remembered for the outstanding attitude displayed by every single student who stepped onto the track and field. Whether sprinting for the finish line, pushing for that extra centimeter in the long jump, or stepping in at the last minute to fill a gap in a relay team, our students gave it their absolute all. It was inspiring to see competitors digging deep, overcoming fatigue, and supporting one another with true sportsmanship.

The atmosphere was electric as the final points were tallied, with every race, jump and throw counting toward the ultimate total. After a day of fierce, but friendly competition, the final house standings revealed **Wilmington** finishing in a hard-fought fourth place, and **Alfriston** taking a commendable third place. The tension rose as the top two spots were announced, with **Jevington** claiming a brilliant second place, leaving **Firle** to be crowned the official Sports Day Champions in first place. A huge congratulations goes to **Firle** for taking home the trophy, and a massive well done to all houses for pushing each other right to the wire. Thank you to all the staff who organised the day, the spectators who cheered from the sidelines, and, most importantly, the students whose effort and resilience made the day such a resounding success. The event would also not have been possible without our amazing **Sports Leaders** who helped lead, umpire and score all events.

<u>Sports Day Results</u>	
Year 7	Year 8
1st - Alfriston	1st - Jevington
2nd - Jevington	2nd - Firle
3rd - Wilmington	3rd - Wilmington
4th - Firle	4th Alfriston

<u>Sports Day Results</u>	
Year 9	Year 10
1st - Jevington	1st - Firle
2nd - Firle	2nd - Alfriston
3rd - Alfriston	3rd - Jevington
4th - Wilmington	4th - Wilmington

<u>Overall Sports Day Results</u>
1st - Firle (1330 points)
2nd - Jevington (1259 points)
3rd - Alfriston (1163 points)
4th Wilmington (1048 points)



Town Sports

Peacehaven Community School was proudly represented by a squad of 67 students from Years 7 through 10 at this year's Town Sports Athletics Competition, held at the Eastbourne Sports Park. Competing against 10 other local secondary schools in a high-caliber day of track and field events, our athletes demonstrated outstanding determination, sportsmanship, and teamwork throughout the day. All students worked to their absolute best to earn vital points for their team. Town Sports saw a range of outstanding individual performances including two Town Sports records being broken.

Overall, PCS achieved a fantastic **4th** place finish out of the 11 competing schools.



Year Group Overall Results

- Year 7 - 2nd Place
- Year 8 - 5th Place
- Year 9 - 8th Place
- Year 10 - 1st Place 🏆

Team Appearance List:

Congratulations to the below students who have represented the team:

<u>Year 7</u>	Omar Aboushabana	Tobias Crossley	Noah Nakoko	Evie West
	Alfie Bassett	Mia Gravenor	Mason Regan	Sophia Wilkinson
	Harvey Black	Amelie Lawrence	Molly Sibbald	
	Millie Caulfield	Daisy Luck	Barkley Stenner	
	Ella Cole	Becca Moore	Oscar Siu	
<u>Year 8</u>	Jemima Bacon	Ted Macdonald	Harley Seldon	Freya Whitney
	Oliver Campbell	Madelyn McGhie	Phoebe Simpson	Jason Woods
	Max Ellis Carmen	Scarlett Miller	Willow Smeaton	
	Maci Gordon	Toby Packham	Abdul Subhan	
	George Lunn	Mikey Quayle	Harvey Weston	
<u>Year 9</u>	Sophia Bromley	Alfie Eaton	Dixie Holford	Bella Skeel
	Myah Chapman	Emmie Ebeling	Noah Knight	Harry Sutton
	Bertie Childs	Freddie Forrest	Gracie Nicholls	Sidney Taylor
	Olivia Cragg	Rory Grant	Jessica Reed	
<u>Year 10</u>	Stan Boxall	Jake Emslie	Keir Gordon	Scarlett King
	Bethan Cole	Isabella Evans	Junior Hill	Arla Moriarty
	Millie Cross	Kaelin Fletcher	Izzy Haigh	Riley Pentland
	Jackson Eaton	Josh Golds	Emily Johnson	Archie Ruffells
				Harrison Tompsett

Record Breakers

Sports Day - Records

The standard of competition at Sports Day was exceptionally high this year, resulting in a staggering six school records being shattered across both track and field events. **Bethan Cole** showed elite speed and endurance on the track, incredibly breaking both the 100m and 400m school records in spectacular fashion. On the field, **Mia Gravenor** dominated her event by breaking the Year 7 Girls Shot Put record, marking a fantastic achievement for her first senior Sports Day. **Harvey Black** also rewrote the history books in the throws, putting on a powerhouse performance to break both the Boys Javelin and Boys Discus records. To cap off an amazing few days of athletics, the Year **10 Girls Relay Team** made up of **Kalein Fletcher, Millie Cross, Emily Johnson & Bethan Cole** put on a masterclass in baton passing and sprinting to break the long-standing 4x100m Relay record.

- Harvey Black - Year 7: Javelin - 29.3m & Discus - 32.26m
- Mia Gravenor - Year 7: Shot Put - 6.35m
- Bethan Cross - Year 10: 100m -13.67s & 400m - 1:14:60s
- Kaelin Fletcher, Millie Cross, Bethan Cole & Emily Johnson - Year 10 Relay 1:03.13s



Town Sports - Records

Similarly to Sports Day, PCS students continued to put on an amazing display of athleticism at this year's Town Sports Event. Whilst many students made incredible efforts and experienced high levels of success. Two students stood out as they broke two long lasting Town Sports School records.

- Harvey Black - Year 7: Javelin - 27.8m
- Tobiass Crosslet - Yar 7 - 1500m - 5:07.62



Swale Sports Festival



As a school, we were thrilled to host this year's Swale Sports Festival, welcoming five schools for an action-packed, all-day Pickleball tournament! The event was another success, seamlessly planned and run by our incredible PCS Sports Leaders, who managed courts, scores, and logistics throughout the day. All participating students represented their respective schools with fantastic sportsmanship, high energy, and great enthusiasm. On the court, our PCS players put on a phenomenal performance across multiple age groups, securing impressive results:

- 🏆 Year 8 Girls: 1st Place
- 🏆 Year 10 Mixed Teams: 1st Place
- 🥈 Year 10 Mixed Teams: 2nd Place
- 🥈 Year 7 Girls: 2nd Place
- 🥈 Year 8 Boys: 2nd Place

Team Appearance List:

Congratulations to the below students who have represented the team:

1	Isabelle	Huntley	9	Dixie	Holford
2	Rebeca	Pires Viana	10	Naomi	Lean
3	Dylan	Brown	11	Harry	Sutton
4	Hudson	Knevett	12	Rory	Grant
5	Scarlett	King	13	Scarlett	King
6	Lilah	Buss	14	Arla	Moriarty
7	Jamie	Symons	15	Austin	Andersen
8	Abdul	Subhan	16	Dan	Kenneally

Sports Fundraiser Walk



This year, over 250 students took on the challenge of completing a 10km sponsored walk through the local area. Every student who attended a sports club or represented a PCS sports team were invited to take part. Walking together in their respective team and club groups, students were challenged to raise money for our Sports Memorial Fund, which honors former students and local community members who made significant, lasting contributions to the community. As a department, organising an event of this scale has been a shared ambition for a long time, and we are incredibly proud to see our students collaborate, support one another, and show such great determination throughout the walk. Thanks to the incredible effort of our students and the generosity of our community, we raised a staggering **£4,830.30** in total!

- Year 7 Total: £1,312.00
- Year 8 Total: £1,103.00
- Year 9 Total: £925.00
- Year 10 Total: £1,490.30



Sports Fundraiser Walk - Reward Trip

As an incentive for teams to work hard as a group to raise money for the sponsored walk. A reward of an afternoon at Yellow Wave beach volleyball centre was offered to the team/club group that raised the highest amount per person.

After all teams worked hard to raise money for an honourable cause, one team stood out on top. A huge well done to the Year 10 Boys Football Team, who raised a staggering **£890.30** for the Sports Memorial Fund! Their incredible fundraising efforts placed them 1st overall for highest average amount raised per pupil. As a reward for their hard work and dedication, the team earned a well-deserved afternoon at the Yellow Wave Beach Volleyball Centre during the final week of term!



Sports Awards 2026

We were delighted to host our Annual Sports Awards Ceremony, bringing together students, parents, and carers to celebrate the incredible achievements of our sports teams this year. Every student who proudly represented a school team was invited to attend and received a certificate recognising their hard work, commitment, and valuable contributions to PCS sport throughout the year.

The atmosphere in the hall was fantastic, providing a brilliant opportunity to engage with parents while showcasing the vast range of talent across all year groups. Each team was celebrated for their effort and success on the pitch, court, and track.

Phoenix Badges

A highlight of the evening was the presentation of our prestigious Phoenix Badges, awarded exclusively to teams and individuals who won their respective leagues, cups, or tournaments this year. Congratulations to our 2025–2026 Phoenix Badge recipients:

- PCS Swimming Team
- Year 10 Boys Football Team
- Year 8 Boys Football Team
- Year 9 Girls Basketball Team
- Year 10 Netball Team
- Swale Sports Festival Tournament Winners
- Cross Country 1st Place Finishers
- Year 10 Town Sports Team
-

Special Recognition & Memorial Awards

In keeping with PCS Sports tradition, three outstanding individuals were honored with our top individual awards, recognising exceptional talent, character, and school spirit:

- The Myles Bickmore-Vaughan Award: **Archie Ruffells - Year 10**
- The James Daniels Award: **Taylin Quelch - Year 10**
- The Charlie Williams Award: **Stan Boxall - Year 10**



Thank You!

A huge thank you to all the parents and family members who came to support our athletes at this year's sports awards ceremony, and a massive well done to every single student who represented PCS this year—you have made our school community extremely proud!



Staff & Parental Recognition

Finally, we would like to express our sincere gratitude for your incredible support of our clubs and fixtures programme throughout the year. We fully appreciate that supporting your child to make the most of these opportunities is not always easy, particularly when it comes to the logistical challenges of travel. We are especially grateful for those moments where parents have stepped in to provide transport for students when it was not otherwise possible. Without your support to go the extra mile, many of these experiences simply could not happen. Your commitment to ensuring our students can attend these sessions, despite the late finishes and travel demands, is a vital partnership that we value in helping our young people grow both on and off the field.

How you can support our community

Looking ahead, we are always striving to enhance the breadth of experiences we provide for our young people. If parents wish to further contribute to the opportunities available to our students, we welcome donations to our charitable sports fund. This fund is instrumental in supporting our students by providing additional equipment, subsidising travel costs, and securing external venues and professional umpires for high-level competition. Such contributions ensure that all our students have access to the best sporting environment possible. Donations can be made payable to the **Myles Bickmore-Vaughan Fund** via bank transfer or cheque. Please include the reference of 'Myles Bickmore-Vaughn' when making a donation.

Please contact Mr Dumbrell if you require any further details on how to support this initiative.

Account name: Peacehaven Community School

Account Number: 01850245

Sort Code: 40-42-04

Sponsorship Opportunities

As our sports teams continue to grow and succeed, we are always looking for ways to provide them with new kits and equipment. If you own a business, or know of a local company that would be interested in sponsoring one of our school sports teams, we would love to hear from you! Sponsorship is a fantastic way to support our young performers while gaining great visibility within our school and local community. If you would be willing to support us, please contact a member of the PE team directly.

Thank you for taking the time to read this sports newsletter.

Kind regards

PCS PE department