






Fundamental British Values in PE

<p>Individual liberty</p> 	<p>In physical education, students learn about their own rights and the rights of others, such as the right to physical safety and respect. By respecting these rights, students gain a greater appreciation for individual liberty and learn about responsible decision-making and their impact on themselves and others. Physical education is a valuable tool for teaching students about individual liberty, personal responsibility, respect for others, and the well-being of society.</p>
<p>Mutual Respect</p> 	<p>In physical education, students learn to work together respectfully, regardless of differences. They also learn to value and respect others' abilities and achievements, creating a sense of community. Promoting mutual respect in physical education fosters collaboration towards shared goals, creating an inclusive school culture. Physical education is a valuable tool for promoting mutual respect and community among students.</p>
<p>Democracy</p> 	<p>Physical education can provide opportunities for students to practise democratic values such as teamwork, cooperation, and respect for diversity. In this way, physical education can help prepare students to become active and engaged members of a democratic society who are committed to upholding its values of freedom, equality, and individual rights.</p>
<p>Freedom of faiths and beliefs</p> 	<p>In physical education, students learn to work together respectfully, regardless of background or belief. They respect others' ideas while avoiding imposition of their own. Promoting freedom of faith and beliefs in physical education develops diversity appreciation and collaboration towards common goals. Physical education fosters an inclusive and respectful school culture where all students feel valued and supported. Overall, physical education is a valuable tool for promoting freedom of faith and beliefs and fostering respect and inclusivity among students.</p>
<p>The rule of law</p> 	<p>In physical education, rules are important to create a fair and consistent environment where everyone is accountable for their actions. This is similar to the rule of law in modern democratic societies, which states that laws should be fair, clear, and consistently enforced, and applies to everyone. By following rules in physical education, students can learn to respect the rule of law and its role in creating a just and equitable society. Physical education is thus a valuable tool for teaching students about the rule of law and its importance in shaping their lives and communities.</p>

