

16 May 2025

Dear Parent/Carer

As a part of Into Film Club activities, I would like to offer your child the opportunity to attend an afternoon screening of the following film:

Title: *Inside Out 2*

Rating: U

Running time: 96 mins (3.15-4.40pm)

Screening date: Tuesday 20 May

Synopsis

When Riley was young, her mind was already a complicated place, full of emotions such as Joy, Sadness, Fear, Anger and Disgust. Now that she is growing up quickly into a teenager, these core emotions get a sudden rude awakening when their headquarters are suddenly demolished and rebuilt to make room for a whole host of new emotions including Anxiety, Ennui, Embarrassment and Envy. With Riley about to enter a new high school, this new situation could suddenly get very, very complicated. Pixar's sequel to their beloved film Inside Out naturally progresses the story and characters to reflect the pains and delights of maturing into a young person whilst also providing a heaping of slapstick laughs along the way.



What is Mental Health Awareness Week?

Mental Health Awareness Week is a week of events and learning designed to raise awareness about mental health.

When is Mental Health Awareness Week?

Mental Health Awareness Week is celebrated worldwide in mid-May each year. Mental Health Awareness Week 2025 will be from 12th to 18th May 2025. Each year, the awareness event aims to raise awareness and bring support to all communities across the globe. To do this, the Mental Health Foundation charity promotes a different theme for the event each year. The 2025 Mental Health Awareness Week theme is 'Community'. This year's Mental Health Awareness Week theme aims to spread awareness of how important community is in supporting our mental health. Previous yearly themes include:

- 2025: Community
- 2024: Movement
- 2023: Anxiety
- 2022: Loneliness
- 2021: Nature

What is the history of Mental Health Awareness Week?

Mental Health Awareness Week has been running for the past 20 years. It was, and still is, organised by the Mental Health Foundation, a UK-based mental health charity.

Did you know these important facts about mental health?

- Studies have shown that 1 in 4 people will struggle with their mental health at some point in their lives.
- In UK reports, there was a 20% increase in people reporting mental health concerns between 2012 and 2014.
- There are many channels of support available to support those with mental health concerns. Approximately, 1 in 3 people in England and Wales are currently receiving treatment for common mental health concerns.

This information reflects the results of research and studies in the UK, to read more, see Mind.

Further information can be found here:

<https://www.mentalhealth.org.uk/our-work/public-engagement/mental-health-awareness-week>

The **FREE** film screening will be held in **EN6** from **3.15pm on Tuesday 20 May 2025**.

Students are welcome to bring snacks to watch alongside the film screening.

There are **25 spaces available** and they will be given on a first-come-first-served basis.

If your child would like to attend the free screening please sign the attached form and/or email consent to **Ms Osborne by Monday 19 May** at the latest.

Please email any questions or queries to martha.oborne@swale.at

Kind regards

M Osborne

Ms Martha Osborne
Teacher of English

Into Film Club - Inside Out 2 - Tuesday 20 May 2025

Student name: _____

Parent/carers name: _____

Parent/carers signature: _____

Mode of transport your child will use to get home after the event - please indicate which form will be used below:

Car		Bus		Walking		Other (please specify)	
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