

24 April 2026

FAO Y7-9 Parents/Carers - LBTCW, ParentPay Payment Reminder

This is a polite reminder that if your child has been offered a place in the paid activities during Learning Beyond The Curriculum Week, payment has been set up on ParentPay. Please complete the payment to secure your child's place.

FAO Y7-10 Families - House T Shirts

ParentPay has now been opened up to pay for these. The deadline for payment is **Friday 8 May**.

The Parenting Team - Harmony At Home - 4 week virtual group

Please see the attached poster

Newhaven Street Market Opening Day

Please see the attached poster.

Kicks Baller Series

At Brighton and Hove Albion Foundation we have launched our Free Kicks Baller Series for young people ages 14 - 18 years.
Please see the attached poster.

BHAFC_Play on the Pitch Events-May 2026

Brighton & Hove Albion Foundation - Play on the Pitch - Saturday 30 May
CLICK ON A LINK BELOW TO BOOK YOUR CHILD'S SPOT.

Mixed Under-6 to Under-9:

[8am - 9.30am](#)

[10am - 11.30am](#)

[12pm - 1.30pm](#)

Mixed Under-10 to Under-13:

[2pm - 3.30pm](#)

[4pm - 5.30pm](#)

Girls-only:

[8am - 9.30am \(Under-6 to Under-10\)](#)

[2pm - 3.30pm \(Under-11 to Under-14\)](#)

Please see the attached poster for more information.

Skate Club at BACA - May Half term 26-29 May 2026 - Message from BACA

Please see the attached poster.

JOFF Youth Hub weekly schedule - Message from Lewes & The Havens Youth Work Team

Please find the updated JOFF Youth Hub weekly schedule, including our SIBS Youth Group, starting 11 May, for young people who have a sibling with a disability. Please see the attached

poster.

Free Parent Webinars - Message from InvestIN Education, Anna Miller

Hi PCS

I wanted to reach out to let you know that we've just launched our latest series of free parent webinars. Our previous session, 'A Parent's Guide to Life After School', received such positive feedback that we've decided to run three parent-focused webinars over the summer term to share guidance and resources with parents.

With exam season approaching fast, our first session, 'How to Support Your Child During Exam Season', will take place on Wednesday 29 April. The session will focus on recognising signs of stress and burnout, how to support practical revision techniques and creating a supportive environment at home.

You can view our full schedule of webinars on our website [here](#).

Messages from PCS Careers Team



FAO Y10 Parents/Carers - Year 10 Brighton MET Taster Day - Message from Brighton MET

If your child is interested in signing up for the Brighton MET taster day, please use the links below:

[Brighton MET | Year 10 Taster Day | Pelham Campus](#)

[Brighton MET | Year 10 Taster Day | East Campus](#) Priority Booking Deadline: 4 May! After this date, remaining spaces will be available on a first-come, first-served basis.

Varndean Open Day Application Now Open - Message from Varndean

If your child would like to attend the Varndean Taster Day on **Tuesday 14 July**, please register here: <https://www.varndean.ac.uk/EVENTS/>

FAO Y10 Parents/Carers - Year 10 Taster Day at East Sussex College - Message from ESC

Please make sure you sign up for a Taster Day with the link below:

<https://www.escg.ac.uk/whats-on/open-events/>

FAO Y10 Parents/Carers - BACA Taster Day - Message from BACA (More information to follow regarding other college taster days.)

The news from our side is big: we have hit record application numbers this year! The demand for our specialist pathways has been unprecedented, which means several of our vocational courses are now full. However, the momentum isn't slowing down. We still have limited spaces on our A Level and Level 3 Academic pathways, and with our broadest curriculum ever launching this September, we are ready to offer your students more choice, more flexibility and more opportunity than they'll find anywhere else.

We are also taking our "entrepreneurial mindset" global with some truly breathtaking, funded opportunities for our students. We are currently planning funded trips to Tanzania - where students will have the chance to summit Kilimanjaro and work on the front lines of animal conservation, helping release lions and cheetahs back into the wild - and Thailand for mountain trekking through the stunning northern territories, plus more to be announced! We believe in learning without limits and these experiences are a testament to that.

If you have any ambitious Year 11s who haven't quite decided on their "Route to Success" yet, please point them our way. They can join the movement and apply right here.

We are also counting down the days to our Year 10 Taster Day on Friday 10 July!

It's going to be an action-packed, inspiring day where students can truly see what life is like in a

college that thinks differently. They'll dive into taster sessions for their favourite subjects, meet our expert industry tutors and get a feel for our world-class facilities, from our award-winning Digital Media suites to our Elite Sports Academies. They will also hear more about our funded international adventures and other unique opportunities that set BACA College apart.

Year 10 students can [grab their spot for the Taster Day here](#).

FAO Year 10 Parents/Carers - Supercurriculum Supercharged Year 10 Workshops - OIC Brighton

Academic Discovery Workshops at OIC Brighton (Thursdays, 4:00–6:00 pm throughout May and June) are beginning to fill up! If your child would like to join, we encourage early registration to secure a spot. Sessions are free and open to all Year 10 students.

- Thurs 7th May [Supercarged Science: Powered by Curiosity](#)
- Thurs 14th May [Global Challenges Lab: Supercharged Solutions](#)
- Thurs 21st May [Brain, Behaviour & You: Psychology Super Charged](#)
- Thurs 4th June [Mathematical Intelligence Lab: Super Charged Problem Solving](#)
- Thurs 11th June [Observatory Mission: Supercharged Horizons](#)
- Thurs 18th June [Future Economies Lab: Business Thinking, Super Charged](#)

FAO Year 10 Parents/Carers - Year 10 What Next? *SAVE THE DATE*

A reminder that this will be taking place on **Wednesday 29th April** for all year 10 students and their families. You do not need to book, but we have external speakers who will start their talks at **5:00pm** so it will be a prompt start.

The PCS Careers Team are hosting the Year 10 What Next? Event on **Wednesday 29 April**. Please note this is a change to the originally advertised date.

ESC Year 10 Taster Days - Opening Soon

Please see the attached poster.

Students can register for a place via: www.escg.ac.uk/whats-on/taster-days/

BrightMed Applications Now Open! Deadline: Sunday 19 July - Message from BSMS Outreach

BrightMed is our flagship Widening Participation programme at BSMS. The scheme identifies and supports young people from across Sussex who have the potential to become tomorrow's doctors.

As a BrightMedder, young people will take part in regular Saturday sessions on the University of Sussex campus, including lectures, seminars and hands-on activities. Year 12 students who are part of BrightMed may also be eligible for the Guaranteed Interview Scheme (please see [our webpage](#) for more information).

The programme works with students from Year 9 to Year 12 who live or study in Sussex and meet our eligibility criteria. We are currently looking for young people in Years 8 to 11 to apply to

join BrightMed next year.

You can read more about BrightMed, including eligibility criteria [on our webpage](#). Interested students should complete the relevant application form:

[Students currently in Years 8-10](#)

[Students currently in Year 11](#)

If you have any questions about BrightMed or the application process, please email outreach@bsms.ac.uk

Monthly Lecture Series: May - Wednesday 6 May, 6.30-7.30pm, Online via Zoom - Message from BSMS Outreach

Working in paediatrics (children's health) gives you a unique and wonderful opportunity to change lives for the better, right at their very beginning. Nowhere is this more relevant than in neonatal medicine – the care of just-born babies. In this talk, Dr Amy Haeffner will provide a brief introduction to working as a resident doctor in paediatric medicine and some of the newest and most exciting advances in how we care for premature babies. This will include what a day might look like in paediatrics and in neonates, and the cutting edge of caring for infants born on the cusp of viability. There will also be plenty of opportunities to chat about medicine as a career, top tips for applications, and any other questions you might have!

[Register here.](#)

Spring Admissions Talks Series - Tues 21 – Weds 29 April, Online via Zoom - Message from BSMS Outreach

BSMS Outreach will be running four sessions across two weeks covering a range of topics within the medical school application process. All talks will be hosted on Zoom and begin at 5pm (BST).

- [Getting into Medicine](#), Tuesday 21 April – An interactive session providing an overview of the medical school admissions process.
- [Journey Through the NHS](#), Thursday 23 April – Follow a fictional patient as they navigate our healthcare service, from primary care through secondary and palliative care. Please note, this session discusses cancer and death.
- [Introduction to the UCAT](#), Tuesday 28 April – Join this online workshop to better understand the University Clinical Aptitude Test. We'll practise example questions, discuss key strategies and consider how different medical schools use the UCAT score.
- [What is it like to be a medical student?](#) Wednesday 29 April – Hear from some of our current undergraduate medical students about what a typical week looks like for them, their highlights from the medicine course and the challenges they've faced along the way.

BSMS Open Day - Saturday 6 June, 9.30am-4.30pm - Message from BSMS Outreach

We're excited to announce that booking is now open for the BSMS Open Day this summer. Our event will be held in the Medical Teaching Building and run concurrently with the University of Sussex Open Day on the same campus.

Visitors should select the subject which they are interested in when completing the registration form. To be sent information regarding the BSMS Open Day, registrants must select "Medicine." [Register here.](#)

We want to make sure that everyone can visit us at an Open Day, so the University of Sussex are offering to help with travel costs for eligible visitors plus one guest. Find out more about [help to travel to an Open Day here.](#)

May Meet and Greet - Wednesday 13 May, 1.30-3.30pm - Message from BSMS Outreach

If aspiring medics are not able to attend our June Open Day, or prefer a smaller scale opportunity to visit us, we are hosting a Meet and Greet event on Wednesday 13 May. Attendees will have the opportunity to meet with current medical students, have a tour of campus and have their questions answered at our Q&A session.

Prior registration is essential. Priority will be given to offer holders for 2026 entry. [Register here.](#)

Virtual Open Day - Thursday 7 May, 5.30pm, Online via Zoom - Message from BSMS Outreach

For prospective students who cannot travel to us in person or prefer to explore what BSMS has to offer remotely, we are offering a Virtual Open Day on the evening of 7 May. Attendees will meet with the Head of Admissions, members of the Outreach Team and current medical students to hear about the BSMS course, entry requirements and student life.

[Register here.](#)

UCAT Updates - Message from BSMS Outreach

UCAT have recently announced some important updates for applicants sitting the test in 2026.

Firstly, [UCAT registration](#) will now open on Wednesday 20 May, 14:00 (BST). On this date, applications for the [UCAT bursary](#) will also open. The bursary scheme is for candidates in financial need and will cover the full test fee. Candidates must register and create a UCAT account before they can apply for the bursary.

On 20 May, applications for access arrangements also open. Additional support such as rest breaks, extra test time or special accommodations must be approved by UCAT before a candidate books their test. Full details are available on the [UCAT access arrangements webpage.](#)

For both the UCAT bursary and access arrangements, evidence may need to supply so candidates should allow themselves enough time to obtain supporting materials for their application.

On Wednesday 22 April, 4pm (BST), UCAT are hosting a webinar for teachers and advisers who are supporting students sitting the test in 2026. [Teachers and advisers can register here.](#) (Webinars for candidates will be held over the next few months.)

Finally, the official UCAT 2026 preparation resources are now live on their website. These

materials are completely free and designed by the same team who write the test. The newly-published resources are available on the [UCAT preparation webpage](#).

Upcoming Key Dates ([PCS School Calendar](#))

- **Wednesday 29 April 2026** - Y10 - What Next? Post 16 Choices event
- **Thursday 30 April 2026** - Y8 University of Brighton Visit

PCS Vacancies

Current vacancies at PCS are outlined below and can be found on [our website](https://www.swale.at/vacancies) (<https://www.swale.at/vacancies>).

(NO CURRENT VACANCIES)

The JOFF Youth Hub

Mondays

SIBS Youth Group (10-17yrs)

First Monday of the month for young people with a sibling with a special educational need or disability. Referral only.

Group 1: 10-13yrs 4pm-5:30pm

Group 2: 14-17yrs 5:30pm-7pm

Tuesdays

LGBTQ+ Youth Group (11-17yrs)

Email us for timings.

Young Women's Group (11-17yrs)

6pm-8pm. Open session.

Thursdays

Juniors (9-10yrs)

3:30pm-5:30pm. Week A and Week B system. Email for more info.

Young Men's Group (11-17yrs)

6pm-8pm. Open session.

Free sessions for young people

Fridays

Inters Youth Group (11-12 yrs)

3:30-5:30pm. Open youth session.

Seniors Youth Group (13-17yrs)

6pm-8pm. Open youth session.

Saturdays

Funky Teens (11-16 yrs)

12pm-3pm.

Nik Naks (17-25 yrs)

3pm-5pm.

Every other Saturday.

For young people with mild to moderate disabilities. Referral only. Email for more info.

ALSO: The Young Leaders Programme 14-18yrs. Learn new skills. Limited spots. Email for more.

AND

Wednesdays Gardening Club 9+.

Term-time only. 3:30pm-5pm. Run by Groundwork.

East Sussex
County Council



Call: 01273 336 930

Email: EHYouthHubs@eastsussex.gov.uk



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East Sussex, BN9 9PA

LAUNCHING - MAY 16th

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KICKS

BALLER SERIES



FOUNDATION

**FREE TOURNAMENT SERIES
FOR YOUNG PEOPLE AGED 14-18**



MIXED | ALL ABILITIES



**Teams of eight competing for
Baller Series glory**



**Tuesdays 5-7pm
14 April - 14 July
(excluding 28 May)**



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Lane, Brighton
BN1 5JD.**

**REGISTER
NOW!**



Enter as a team or an individual



**Premier League
Kicks**



Brighton & Hove Albion Foundation, American Express Stadium,
Village Way, Brighton BN1 9BL. Tel: 01273 878265.
Company limited by guarantee in England and Wales (No. 5122343).
Registered charity in England and Wales (No. 1110978).



FOUNDATION



Play like a Premier League star

Join us at the Amex Stadium this May

Your child could be playing on the pitch like an Albion star next month!

We're delighted to once again be able to offer parents the opportunity to book a spot at our Play on the Pitch events - 90 minutes of football at the Amex Stadium!

This event is open to boys and girls aged 5-14, even if they've never played at a BHAFC Foundation session before.

What's included?

- 90 minutes on the pitch, including;
- 30 minutes of professional coaching with the BHAFC Foundation coaching staff
- One hour of mini-tournament football
- Medal of participation
- Parents/guardians will be able to watch from the stands
- Free parking is available at the stadium

Please note we have limited spaces available and we anticipate high demand (particularly among the younger age groups), so please make sure you book quickly to avoid disappointment.

The price per child is £100; you can find below all the details on how to book your place.

All proceeds from our Play on the Pitch events will support the BHAFC Foundation's community work across Sussex, bringing football to people who don't have the chance to play.

If you have any questions, please email us at: soccerschools@bhafcfoundation.org.uk



Play on the Pitch - Saturday 30 May

CLICK ON A LINK BELOW TO BOOK YOUR CHILD'S SPOT.

Mixed Under-6 to Under-9:

- [8am - 9.30am](#)
- [10am - 11.30am](#)
- [12pm - 1.30pm](#)

Mixed Under-10 to Under-13:

- [2pm - 3.30pm](#)
- [4pm - 5.30pm](#)

Girls-only:

- [8am - 9.30am \(Under-6 to Under-10\)](#)
- [2pm - 3.30pm \(Under-11 to Under-14\)](#)

Brighton & Hove Albion Foundation, American Express Stadium, Village Way, Brighton, BN1 9BL.

Registered charity in England and Wales (No. 1110978). Company limited by guarantee in England and Wales (No. 5122343). [View our privacy policy here.](#)

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Harmony At Home

For parents and carers in couples



4-week virtual group

Want to improve your communication as a couple and have a calmer household?

Learn how to improve teamwork, reduce conflict and put your children at the heart of your communication.

Tues 28th April to Tues 19th May 2026
12.30-2.30pm Weekly
Online via Microsoft Teams

To book or find out more please email
EH.0-19parentingteam@eastsussex.gov.uk

Or call 01424 725800



THE HOLIDAY SKATE CLUB

AGES 6 - 13YRS

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BOOK: [THESKATECLUB.COM/HOLIDAYSKATECLUB](https://theskateclub.com/holidayskateclub)



THE JOFF
YOUTH HUB

Sign up here



FREE

SIBS

Youth Group

**For young people who have a
sibling with a disability**

First Monday of every Month

Group 1: 10-13 yrs 4pm-5:30pm

Group 2: 14-17 yrs 5:30pm-7pm

Limited Spaces available!

Referral only:

EYouthHubs@eastsussex.gov.uk | 01273 336 930