

18 July 2025

Dear PCS Families

FAO Y8-10 Parents/Carers - Catch Up Clinic - Message from the Sussex Immunisation Service
Please see the attached poster.

Bikeability Holiday Courses - Message from the Road Safety Education Team, Communities Economy and Transport Department
Please find attached details of the Bikeability holiday courses running over the summer holidays.

Skateboarding Clubs - Message from Sussex Skate School
Please see the attached information.

HAF Drama Holiday Club - Message from Make (Good) Trouble

We are excited to invite children from your school to our free HAF Drama Holiday Club this Summer, designed for students in East Sussex who receive free school meals. It is part of East Sussex County Council's Holiday Activities and Food (HAF) programme.

Hosted by Make (Good) Trouble, this unique holiday club will take place in the beautiful Friston Forest, part of Seven Sisters Country Park, and will be led by a qualified children's drama therapy coach from Dragon Drama.

Club Details:

- **Dates:** Monday 28th, Tuesday 29th & Wednesday 30th July, 11am-3pm
- **Location:** South Downs National Park
- **Activities:** Woodland exploration, drama, storytelling, music, movement, art, group games & more!
- **Free lunch provided daily**

What to Bring:

- ✓ **Wet-weather gear** (just in case!)
- ✓ **Sturdy footwear** (no sandals or slides)

We also have access to an indoor space if the weather takes a turn. Help with transport to the location can be provided.

This is a fantastic opportunity for children to build confidence, express creativity, and have fun in nature! Spaces are limited, so we would love your help in spreading the word to eligible families.







The sign up form and details are here:

<https://eequ.org/book/woodland-drama-workshop-with-make-good-trouble-cic-5213>

Summer Fun! Message from Peacehaven Leisure Centre

From 1st June to 31st August, we're inviting young people to unlock a Summer of Fun with our amazing Junior, Junior Plus, and Student memberships – and there's a fantastic bonus up for grabs!

When a junior or student joins with a direct debit or prepaid annual membership, they'll receive a FREE voucher bundle worth up to £125, packed with fun for the whole family, including:

-  2 x Roller Disco passes
-  2 x Magic Castle entries
-  2 x Mouse Trap adventure vouchers
-  2 x Racket Sports sessions
-  2 x Sky High Trampoline Park entries (socks not included)
-  1 x One-month membership for any family member to enjoy

But that's not all! We've got loads of activities lined up this summer – from fun swim sessions and junior functional fitness, to Sky High trampolining and racket sports. There's something for every age and energy level.

(Please see the attached posters)

Summer Holiday Activities - Message from Brighton & Hove Albion Football Club

Please see the attached information.

Celebrate the return of sumo to the UK with us! Message from Ms Osborne, Teacher of English

Please see the attached information.

Into Film Competition and British Red Cross - Message from Ms Osborne, Teacher of English

Please see the attached information.

Upcoming Key Dates

- Monday 21 July - Academic and Community Awards Evening, Years 9 - 10
- Tuesday 22 July - End of term