

PE - Year 11 - Medium Term Plan

Year group 11	Subject:
Prior learning- linked to National curriculum	<p><i>This is delivered at this stage in year 9 to allow pupils to consistently applying the skills they have learnt at year 7 and year 8. Students are provided with a secure understanding of the content to apply their practical and theoretical understanding across a vast range of activities in the module.</i></p> <p><i>Students will utilise the prior learning they have obtained in year 7 and year 8 to apply the skills across the differing activities set out to challenge them appropriately. Students will apply these skills throughout year 9 and again can utilise the transferable skills from other modules within the PE curriculum consistently adding to their learning journey and supporting them ahead of entering KS4.</i></p>
Covid gaps	Students need more time to be physically active and play in lessons as due to covid there are more prominent social, mental and physical health gaps. Our curriculum has been adapted for students to be more physically active to promote a more positive social, mental and physical health.
Rationale	<p>In this scheme, pupils will focus on developing team attacking and defending strategies and techniques. They will investigate the similarities and differences in different invasion games and use their knowledge, skill and understanding to develop the effectiveness of their play. Pupils will have a clear understanding of specific fitness and how to prepare and train properly with this in mind. Pupils will have a clear understanding of the different roles in invasion games and will make considered choices about the roles that suit them and the ways that participation in the activity will promote their current and future active and healthy lifestyle.</p> <p>In games activities, pupils select and apply their skills so that they can carry out tactics with the intention of outwitting their opponent(s). In invasion games the main intention is to invade your opponents' territory and to outwit them so that you can score goals or points.</p>
Vocabulary:	Keywords Rules and Fair play

	<p>Sending and Receiving Timing, Angle, Distance Attacking and Defensive tactic Analyse and Feedback</p>
Cultural Capital:	They will experience cultural capital through the university trips threaded through our accreditation and the links created with outside clubs during extra curricular activities and local partnerships within the local community.
Key assessments- name the assessments	<p>End of module assessment on the topic.</p> <p>E To continue to improve, you need to adapt basic movements to different activities and understand tactics and composition.</p> <p>D To improve, you should choose actions and ideas carefully and apply them with control and coordination.</p> <p>S To improve, you need to consistently apply skills, techniques and ideas in different physical activities, and comment on your own and others performances</p> <p>M To improve, you should link skills, techniques and ideas applying them accurately. Additionally, you should be able to explain the benefits of physical activity and the importance of exercising safely</p>
What do children know/ can do now (EDSM)	<p>Pupils will now be able to perform and understand the basic rules and skills to be able to take part in the topic.</p> <p>Pupils will understand what they need to do in order to progress after their end of module assessment.</p> <p>Pupils know where they are within the EDSM grade after their end of module assessment and will have a clear understanding for how to improve next time.</p>