

PE - Year 7 - Medium Term Plan

Year group 7	Subject: Handball
Prior learning- linked to National curriculum	<i>This is delivered at this stage in year 7 to allow pupils to explore and develop the skills for the first time. Students are provided with a secure understanding of the content to develop across the vast range of activities in the module. Students will utilise the prior learning they have obtained from primary school in regards to the module as this is included in the KS2 national curriculum. Students will also utilise the transferable skills from the previous modules in year 7. All students are developing the skills and understanding at this stage in their learning journey.</i>
Covid gaps	Students need more time to be physically active and play in lessons as due to covid there are more prominent social, mental and physical health gaps. Our curriculum has been adapted for students to be more physically active to promote a more positive social, mental and physical health.
Rationale	<p>In this scheme, pupils will focus on developing team attacking and defending strategies and techniques. They will investigate the similarities and differences in different invasion games and use their knowledge, skill and understanding to develop the effectiveness of their play. Pupils will have a clear understanding of specific fitness and how to prepare and train properly with this in mind. Pupils will have a clear understanding of the different roles in invasion games and will make considered choices about the roles that suit them and the ways that participation in the activity will promote their current and future active and healthy lifestyle.</p> <p>In games activities, pupils select and apply their skills so that they can carry out tactics with the intention of outwitting their opponent(s). In invasion games the main intention is to invade your opponents' territory and to outwit them so that you can score goals or points.</p>
Vocabulary:	Keywords Rules and Fair play Sending and Receiving Timing, Angle, Distance

	<p>Attacking and Defensive tactic Analyse and Feedback</p>
Cultural Capital:	<p>They will experience cultural capital through the university trips threaded through our accreditation and the links created with outside clubs during extra curricular activities and local partnerships within the local community.</p>
Key assessments- name the assessments	<p>End of module assessment on the topic.</p> <p>E To continue to improve, you need to adapt basic movements to different activities and understand tactics and composition.</p> <p>D To improve, you should choose actions and ideas carefully and apply them with control and coordination.</p> <p>S To improve, you need to consistently apply skills, techniques and ideas in different physical activities, and comment on your own and others performances</p> <p>M To improve, you should link skills, techniques and ideas applying them accurately. Additionally, you should be able to explain the benefits of physical activity and the importance of exercising safely</p>
What do children know/ can do now (EDSM)	<p>Pupils will now be able to perform and understand the basic rules and skills to be able to take part in the topic.</p> <p>Pupils will understand what they need to do in order to progress after their end of module assessment.</p> <p>Pupils know where they are within the EDSM grade after their end of module assessment and will have a clear understanding for how to improve next time.</p>