

PE - Year 10 - Medium Term Plan

Year group 10	Subject: Badminton
<p>Prior learning- linked to National curriculum</p>	<p><i>This is delivered at this stage in year 9 to allow pupils to consistently applying the skills they have learnt at year 7 and year 8. Students are provided with a secure understanding of the content to apply their practical and theoretical understanding across a vast range of activities in the module.</i></p> <p><i>Students will utilise the prior learning they have obtained in year 7 and year 8 to apply the skills across the differing activities set out to challenge them appropriately. Students will apply these skills throughout year 9 and again can utilise the transferable skills from other modules within the PE curriculum consistently adding to their learning journey and supporting them ahead of entering KS4.</i></p>
<p>Covid gaps</p>	<p>Students need more time to be physically active and play in lessons as due to covid there are more prominent social, mental and physical health gaps. Our curriculum has been adapted for students to be more physically active to promote a more positive social, mental and physical health.</p>
<p>Rationale</p>	<p>Students will develop their understanding of aspects of net and wall games (badminton) through specific strategies in practise, game and assessment situations. Pupils will focus on developing and using basic hitting strategies and techniques. Investigate similarities/differences in different game situations. They will use their knowledge, skill and understanding to develop effective play and respond to changing situations in games. Students will be able to select and apply their skills so that they can carry out tactics with the intention of outwitting their opponent(s). Plan and implement set plays, strategies and recognise patterns of tactical play in different games (singles and doubles).</p> <p>In every lesson, students will learn how to carry out an effective warm up using pulse raising, static and dynamic stretches. They will also develop an understanding of why a warm down is important to prevent injury and allow heat rate to return to a resting rate.</p>
<p>Vocabulary:</p>	<p>Keywords</p> <p>Rules</p> <p>Scoring</p>

	<p> Communication Spatial Awareness Serve Accuracy Consistency Backhand/Forehand Overhead Clear Smash Timing Strengths & Weaknesses Coach Positive Feedback Attentive Assessment Tactics Technique Perseverance </p>
<p>Cultural Capital:</p>	<p>They will experience cultural capital through the university trips threaded through our accreditation and the links created with outside clubs during extra curricular activities and local partnerships within the local community.</p>
<p>Key assessments- name the assessments</p>	<p>End of module assessment on the topic.</p> <p>E To improve, you need to consistently apply skills, techniques and ideas in different physical activities, and comment on your own and others performances</p> <p>D To improve, you should link skills, techniques and ideas applying them accurately. Additionally, you should be able to explain the benefits of physical activity and the importance of exercising safely</p> <p>S To improve, you should use your skills in a wider range of activities, problem-solve, provide feedback, and lead practices consistently, understanding the benefits of living an active healthy lifestyle.</p>

	<p>M Continue to regularly plan and give feedback, adapt to changing circumstances, analyse performance, and promote safe physical activity for your health and well-being. Additionally, you lead activities and apply all rules consistently.</p>
<p>What do children know/ can do now (EDSM)</p>	<p>Pupils will now be able to perform and understand the basic rules and skills to be able to take part in the topic. Pupils will understand what they need to do in order to progress after their end of module assessment. Pupils know where they are within the EDSM grade after their end of module assessment and will have a clear understanding for how to improve next time.</p>