## PSHE - Year 11 - Medium Term Plan - Term 3

Year 11 Spring 1	PSHE Relationships Topic: Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse
Prior learning - linked to National curriculum	<ul> <li>The student voice 2021/2022 indicated that:</li> <li>33% of students are unsure how to end a relationship safely.</li> <li>28% of students are unsure of the features of a negative relationship.</li> <li>28% of students are unsure of what is meant by power and control in relationships.</li> <li>28% if students are unsure of the impact relationships can have on meeting goals.</li> <li>33% of learners are unsure of the term sexual health.</li> <li>40% of learners are unsure of the term intimacy.</li> <li>70% of students are unsure of the term lust.</li> </ul>
Rationale	This unit will focus on expanding learners' understanding of how to communicate effectively within relationships This will include developing communication skills within relationships and supporting learners to establish their own ideas towards personal values and relationship expectations. Lessons will seek to build upon understanding how to recognise and act upon signs of sexual abuse or domestic violence. Through exploring a range of topics including; harassment, exploitation and other unhealthy aspects of relationships learners will have an understanding of how power dynamics can shape relationships and what is acceptable and unacceptable behaviour. Learners will be signposted to relevant charities and organisations and departments within school that can provide support.
Vocabulary - Key Words	See Glossary for Term 3
Cultural Capital:	Contemporary examples of the impact of abuse can be provided from shows such as "murdered by my boyfriend". Testimonials from victims of abuse provided via charities and other appropriate organisations. performance and workshop via Upfront Theatre Company.

Key assessments:	Retrieval -recall 5/Red/Green cards/RAG assessment/Myths and Facts/minwhiteboards/GC Quizzes
What do children know/can do now (EDSM)	Emerging- Learners will have a developing understanding of the features that contribute towards an unhealthy relationship. This includes being able to define domestic and relationship abuse.  Developing - Learners are aware of the factors that can contribute towards a negative relationship and can describe the impact that this can have upon all individuals involved. Alongside this learners can discuss the importance of communication within healthy relationships and are aware of methods of how to assertively communicate their personal values and relationship expectations.  Secure - Learns are able to discuss the features of positive and negative relationships and the signs of a potentially abusive partner. They are aware of and can provide examples of how to reach out for support within a range of scenarios. Learners understand the relevance of power dynamics in relationships and the impact that can have if not communicated effectively.  Mastered - Learners can discuss and provide examples of the features found within positive and negative relationships. This includes signs of domestic and relationship abuse and they are able to explain why and when they would access different support networks. Learners can explain the importance of communication in healthy relationships in reference to personal values, expectations and power dynamics. Learners are aware of the challenges people can face when seeking support and strategies to overcome these challenges.