## PSHE - Year 10 - Medium Term Plan - Term 3

Year 10 Spring 1	PSHE Relationships Topic: Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of media and pornography
Prior learning - linked to National curriculum	<ul> <li>The 2022 student voice suggested that:</li> <li>35% of students are unsure of the term child grooming.</li> <li>25% of students are unsure of the laws around sex.</li> <li>40% of students are unsure of how pornography can create sexualised stereotypes.</li> <li>54% of students are unsure of the concept of family planning.</li> <li>47% of students are unsure of the risks associated with STIs.</li> <li>48% of students are unsure of who to talk to about these issues in school.</li> </ul>
Rationale	This unit will build upon the learners existing knowledge and understanding of how to form and maintain healthy romantic relationships. This will include; Relationships and sex expectations, myths, pleasure and challenges, including the impact of media and pornography. There will be a focus placed on dating online and how to use social media and other online dating apps safely. Learners will further explore the concepts of social norms, sexuality and gender within sexual relationships. This will include changing laws and social attitudes towards gender identity and sexuality.
Vocabulary - Key Words	See Glossary for Term 3
Cultural Capital:	Case studies and testimonials from different perspectives in regard to identity and gender politics. Links to British values and the history of changing legislation within the UK. Resources from a range of resources including the NSPCC, Medway Public Health and others.

Key assessments:	Retrieval -recall 5/Red/Green cards/RAG assessment/Myths and Facts/minwhiteboards/GC Quizzes
What do children know/ can do now (EDSM)	<ul> <li>Emerging- students understand the concepts of relationship and sex expectations and understand that a healthy relationship requires cooperation and compromises. Students can identify the risks of establishing romantic relationships online.</li> <li>Developing - students understand the impact that pornography and the media can have upon sexual expectations and how these are often unrealistic. Students can identify warning signs for potential risks when establishing a romantic relationship online.</li> <li>Secure - students can confidently discuss how relationships and sexual expectations are formed and how pornography and the media can have a negative influence on expectations. Students can define the term child grooming and are aware of how to identify and manage the risks of online dating. Alongside this students have expanded their knowledge of gender, sexuality and identity politics including changes in legislation and laws.</li> <li>Mastered - Students can confidently evaluate what contributes towards a healthy relationship and the implications that the media and pornography can have on expectations. They will have a solid understanding of how to identify and manage the risks of online dating and the legislation and laws surrounding this. Alongside this students will have an understanding of the history and fluid nature of laws/legislation surrounding sexuality, gender and relationships.</li> </ul>