

Medium term plan - Term 5

Year 7 Summer 1	PSHE Relationships Topic: Building relationships Self-worth, romance and friendships (including online) and relationship boundaries
Prior learning - linked to National curriculum	
Rationale	Continuing with the RSE curriculum this unit is focused on building students' knowledge of how to establish and maintain positive relationships. Students will first be introduced to the concepts of self-value and self-worth and then move on to identifying the different characteristics of healthy and unhealthy relationships. Alongside this the unit will encourage students to evaluate media stereotypes and the impact that this can have upon relationship expectations. Also, students are taught the legal definition of consent and the importance of consent within intimate relationships.
Vocabulary - Key Words	See Glossary for Term 5
Cultural Capital:	All resources are accredited via the PSHE association and developed from a wide range of sources including the NSPCC, childline and other organisations. Students will have the opportunity to watch productions based around relationships and consent. Real life stories and case studies are also used.
Key assessments:	Retrieval -recall 5/Red/Green cards/RAG assessment/Myths and Facts/minwhiteboards/GC Quizzes

What do children know/ can do now (EDSM)	<p>Emerging- Students can define and understand the law around consent. They are able to identify the characteristics of healthy and unhealthy relationships.</p> <p>Developing - Students can define the term consent and understand the laws surrounding consent. They can describe the features and possible impacts of healthy and unhealthy relationships.</p> <p>Secure - Students can explain the purpose of consent in relationships and the legal requirements for consent within intimate relationships They can confidently explain the features and benefits of positive relationships alongside the negative aspects of unhealthy relationships. Also, learners can explain the importance of self-worth and efficacy as building blocks for establishing and maintaining relationships. .</p> <p>Mastered - Students can discuss the purpose of consent in relationships and the legal requirements for consent within intimate relationships They can confidently evaluate the features and benefits of positive relationships alongside the negative aspects of unhealthy relationships. Also, learners can discuss the importance of self-worth and efficacy as building blocks for establishing and maintaining relationships. .</p>
What amendments are you going to make following evaluation of this module?	

Lesson	Lesson objective (PoS refs: H1, R2, R9, R11, R13, R14,R16, R24)	Lesson overview/notes/resources/Trigger note Differentiation/ Hinge Questions
1	<ul style="list-style-type: none"> • how to develop self-worth and self-efficacy 	
2	<ul style="list-style-type: none"> • about qualities and behaviours relating to different types of positive relationships 	
3	<ul style="list-style-type: none"> • how to recognise unhealthy relationships 	

4	<ul style="list-style-type: none">• how to recognise and challenge media stereotypes	
5	<ul style="list-style-type: none">• how to evaluate expectations for romantic relationships	
6	<ul style="list-style-type: none">• about consent	
7	<ul style="list-style-type: none">• how to seek and assertively communicate consent	