

Medium-term plan- Term...

Year group 8	Subject: Badminton
Prior learning- linked to National curriculum	<p><i>This is delivered at this stage in year 8 to allow pupils to begin refining the skills learnt at year 8. Students are provided with a secure understanding of the content to refine across the vast range of activities in the module.</i></p> <p><i>Students will utilise the prior learning they have obtained in year 7 and refine the skills across the differing activities set out to challenge them appropriately. Students will refine these skills throughout year 8 and again can utilise the transferable skills from other modules within the PE curriculum consistently adding to their learning journey and supporting them.</i></p>
Covid gaps	<p>Students need more time to be physically active and play in lessons as due to covid there are more prominent social, mental and physical health gaps. Our curriculum has been adapted for students to be more physically active to promote a more positive social, mental and physical health.</p>
Rationale	<p>Students will refine their understanding of aspects of net and wall games (badminton) through specific strategies in practise, game and assessment situations. Pupils will focus on refining and using basic hitting strategies and techniques. Investigate similarities/differences in different game situations. They will use their knowledge, skill and understanding to refine effective play and respond to changing situations in games. Students will be able to select and apply their skills so that they can carry out tactics with the intention of outwitting their opponent(s). Plan and implement set plays, strategies and recognise patterns of tactical play in different games (singles and doubles).</p> <p>In every lesson, students will learn how to carry out an effective warm up using pulse raising, static and dynamic stretches. They will also develop an understanding of why a warm down is important to prevent injury and allow heart rate to return to a resting rate.</p>
Cultural Capital:	<p>They will experience cultural capital through the university trips threaded through our accreditation and the links created with outside clubs during extra curricular activities and local partnerships within the local community.</p>