


Medium-term plan- Term...

Year group KS4	Subject: Sports Leadership
Prior learning- linked to National curriculum	This is delivered in line with the SLQ Level 2 Sports Leadership in the community allowing students to build upon skills learnt throughout their PE lessons at KS3. Students will utilise their learning from KS3 and apply it to the 5 key leadership skills of Communication, Team work, Problem Solving, Self-management and self-belief.
Covid gaps	Students need more time to be physically active and play in lessons as due to covid there are more prominent social, mental and physical health gaps. Our curriculum has been adapted for students to be more physically active to promote a more positive social, mental and physical health.
Rationale	Throughout the delivery of the course students will continuously develop the 5 skills of a leader (Communication, Self-Belief, Team Work, Self-management and Problem Solving). They will deliver a wide variety of activities in primary and nursery settings which build upon the 5 key skills. Students complete the course and are assessed by a self-completed workbook and voluntary hours outside of lesson time.
Vocabulary:	Keywords Communication, Self-Belief, Team Work, Self-management and Problem Solving
SEND	 Introducing SENDsational 6
Cultural Capital:	They will experience cultural capital through the university trips threaded through our accreditation and the links created with outside clubs during extra curricular activities and local partnerships within the local community.
Key assessments- name the assessments	SLQ Sports Leadership Learner Evidence Record

What do children know/ can do now (EDSM)	Pupils will now have the knowledge to deliver multi-skill sessions and junior athletics in primary and nursery settings.
What amendments are you going to make following evaluation of this module?	<i>At the end of the course there is an EQA with the SLQ, the runners of the course. After the EQA they provide any amendments needed for next time.</i>

Lesson	Lesson objective	Differentiation	Home work
<u>Sept Y10 - Sports leader skills</u>	<p>At the start of the course the teacher will lead a lesson on each of the 5 key SLQ leadership skills. Lesson 1 and 2 will be on <u>communication</u> skills where pupils will experience how to use the different types of communication.</p> <p>Lesson 3 and 4 will be on <u>self-belief</u>, explaining to the pupils how it is important as a leader and getting them to work with different people and present ideas to help build the self-belief.</p> <p>Lesson 5 and 6 will be on <u>team work</u>, where pupils will work as a team to complete challenges and understand how using support and people around you can help and develop them.</p> <p>Lesson 7 and 8 will be on <u>self-management</u> the lesson will focus on helping them understand the importance of timing management, emotional management, focus among other aspects.</p>	<p>SEND: How many key leadership skills are there?</p> <p>Challenge: How can these be used in different environments?</p> <p>Hinge Questions: Why are these key skills important to be a good leader?</p>	N/A

	Lesson 9 and 10 will be on <u>problem solving</u> this lesson will give the leaders different scenarios and problems relating to what could happen as a leader or in life to help them try to figure out what to do.		
<u>October Y10 - Sports leader behaviours</u>	At the start of the course the teacher will lead a lesson on different sports leader behaviours which effect each of the 5 key SLQ leadership skills. Lesson 1 and 2 will be on behaviours which can effect <u>communication</u> skills. Lesson 3 and 4 will be on behaviours which can effect <u>self-belief</u> skills. Lesson 5 and 6 will be on behaviours which can effect <u>team work</u> skills. Lesson 7 and 8 will be on behaviours which can effect <u>self-management</u> skills. Lesson 9 and 10 will be on behaviours which can effect <u>problem solving</u> skills.	SEND: How many key leadership skills are there? Challenge: How can these be used in different environments? Hinge Questions: Why are these key skills important to be a good leader?	N/A
<u>November Y10 - Intro to delivering multiskill - nursery - primary - teacher lead</u>	After skills the teacher will lead lessons on multi skill activities. These lessons will focus on how to plan a multi skill session. How to set up effectively. How to adapt a session with equipment/space. How to adapt a session for ability. How to lead a session in a group. Delivery to peers in class and feedback on session. Chances to try out activities and ideas.	SEND: What are multi-skill activities? Challenge: How can these be adapted to different age groups? Hinge Questions: Why do you need to adapt your activities?	N/A
<u>December Y10 -Delivering to multi skill</u>	For all lessons in December the sports leaders will deliver to nursery students in small groups that they pick. The leaders plan all their sessions in the small groups for participants aged 2-5. The leaders will	SEND: What are multi-skill activities? Challenge: How can these be adapted to different	N/A

<u>activity to age range 2-5</u>	then deliver the session that they plan together to the nursery students.	age groups? Hinge Questions: Why do you need to adapt your activities?	
<u>January Y10 - Delivering - Infants Y1/2</u>	For all lessons in January the sports leaders will deliver to year 1 and year 2 primary students in small groups that they pick. The leaders plan all their session in the small groups for participants aged 5-7. The leaders will then deliver the session that they plan together to the primary students.	SEND: What are multi-skill activities? Challenge: How can these be adapted to different age groups? Hinge Questions: Why do you need to adapt your activities?	N/A
<u>February Y10 - Delivering - Junior Y3/4/5/6</u>	For all lessons in February the sports leaders will deliver to years 3, 4, 5 and 6 primary students in small groups that they pick. The leaders plan all their session in the small groups for participants aged 7-11. The leaders will then deliver the session that they plan together to the primary students.	SEND: What are multi-skill activities? Challenge: How can these be adapted to different age groups? Hinge Questions: Why do you need to adapt your activities?	N/A
<u>March Y10 - Intro to delivering primary athletics nursery - primary - teacher lead</u>	After the multiskills sessions the teacher will lead lessons on primary athletics activities. These lessons will focus on how to plan a primary athletics session. How to set up effectively. How to adapt a session with equipment/space. How to adapt a session for ability. How to lead a session in a group. Delivery to peers in class and feedback on session. Chances to try out activities and ideas.	SEND: What are junior athletics activities? Challenge: How can these be adapted to different age groups? Hinge Questions: Why do you need to adapt your activities?	N/A

<u>April Y10 - Delivering athletics activity to age range 2-5</u>	For all lessons in April the sports leaders will deliver to nursery students in small groups that they pick. The leaders plan all their session in the small groups for participants aged 2-5. The leaders will then deliver the session that they plan together to the nursery students.	SEND: What are junior athletics activities? Challenge: How can these be adapted to different age groups? Hinge Questions: Why do you need to adapt your activities?	N/A
<u>May Y10 - Delivering - Infants Y1/2</u>	For all lessons in May the sports leaders will deliver to year 1 and year 2 primary students in small groups that they pick. The leaders plan all their session in the small groups for participants aged 5-7. The leaders will then deliver the session that they plan together to the primary students.	SEND: What are junior athletics activities? Challenge: How can these be adapted to different age groups? Hinge Questions: Why do you need to adapt your activities?	N/A
<u>April - May y10 - Primary school festival -Disadvantaged students Y3</u>	During April and May the sports leaders will plan and assist in delivering a Primary school festival to disadvantaged pupils from the local primary schools, specifically year 3's. The sports leaders will plan, deliver multiskill activities in small groups. The leaders will need to contact and set up the dates with primary schools in the area, they will sort out equipment from the school.		N/A
<u>June Y10 - Delivering - Junior Y3/4/5/6</u>	For all lessons in June the sports leaders will deliver to years 3, 4, 5 and 6 primary students in small groups that they pick. The leaders plan all their	SEND: What are junior athletics activities?	N/A

	session in the small groups for participants aged 7-11. The leaders will then deliver the session that they plan together to the primary students.	<p>Challenge: How can these be adapted to different age groups?</p> <p>Hinge Questions: Why do you need to adapt your activities?</p>	
<u>July Y10 - Intro to delivering S&F - Internal Y10-Y10 delivery.</u>	After the athletics sessions the teacher will lead lessons on striking and fielding activities. These lessons will focus on how to plan a striking and fielding activities. How to set up effectively. How to adapt a session with equipment/space. How to adapt a session for ability. How to lead a session in a group. Delivery to peers in class and feedback on session. Chances to try out activities and ideas.	<p>SEND: What are junior striking and fielding activities?</p> <p>Challenge: How can these be adapted to different age groups?</p> <p>Hinge Questions: Why do you need to adapt your activities?</p>	N/A
<u>September Y11 - Primary school delivering</u>	Sports leaders are enrolled onto the course and have the workbooks given to them. Every lesson pupils are going to local primary schools to deliver multiskill activities to a variety of year groups within the school. If the leaders are not able to go to the primary school then a contingency of the nursery coming into the school for the leaders to deliver to.	<p>SEND: What are multi-skill activities?</p> <p>Challenge: How can these be adapted to different age groups?</p> <p>Hinge Questions: Why do you need to adapt your activities?</p>	N/A
<u>October Y11 - Primary school delivering</u>	Every lesson pupils are going to local primary schools to deliver multiskill activities to a variety of year groups within the school. If the leaders are not able to go to the primary school then a contingency	<p>SEND: What are multi-skill activities?</p> <p>Challenge: How can these be adapted to different age groups?</p>	N/A

	of the nursery coming into the school for the leaders to deliver to.	Hinge Questions: Why do you need to adapt your activities?	
<u>November Y11 - Primary school delivering</u>	Every lesson pupils are going to local primary schools to deliver multiskill activities to a variety of year groups within the school. If the leaders are not able to go to the primary school then a contingency of the nursery coming into the school for the leaders to deliver to.	SEND: What are multi-skill activities? Challenge: How can these be adapted to different age groups? Hinge Questions: Why do you need to adapt your activities?	N/A
<u>December Y11 -Primary school delivering</u>	Every lesson pupils are going to local primary schools to deliver multiskill activities to a variety of year groups within the school. If the leaders are not able to go to the primary school then a contingency of the nursery coming into the school for the leaders to deliver to.	SEND: What are multi-skill activities? Challenge: How can these be adapted to different age groups? Hinge Questions: Why do you need to adapt your activities?	N/A
<u>January Y11 - Delivering Task 1.1</u>	In January pupils will have access to computer rooms during every PE lesson. Pupils will complete task 1.1, task 1.2 and task 1.3. Teacher will give feedback to each task to help develop pupils knowledge and will mark the tasks within 1 week of the task being completed.		N/A
<u>February Y11 -</u>	In February pupils will have access to computer rooms during every PE lesson. Pupils will complete		N/A

	task 2.1 session 1, task 2.1 session 2, task 2.2 and task 3.1. Teacher will give feedback to each task to help develop pupils knowledge and will mark the tasks within 1 week of the task being completed.		
<u>March Y11 -</u>	In March pupils will have access to computer rooms during every PE lesson. Pupils will complete task 3.2, task 4.1 and task 4.2. Teacher will give feedback to each task to help develop pupils knowledge and will mark the tasks within 1 week of the task being completed		N/A
<u>April Y11 -</u>	In April pupils will have access to computer rooms during every PE lesson. Pupils will complete any deferred or outstanding tasks. Teacher will give feedback to each task to help develop pupils knowledge and will mark the tasks within 1 week of the task being completed. To congratulate the leaders on their hard work a school trip for a group meal out will be organised for them.		N/A
<u>May - June Y11 finished in time for upcoming GCSE exams.</u>	From May to June the leaders who have finished their booklets are now able to use the time in the computer rooms to do revision for other subjects preparing for their upcoming GCSE exams. Pupils can also join another group in order to participate in practical PE as well.		N/A