

HPE - Year 8 - Medium Term Plan

Year group 8	Subject: Netball
Prior learning- linked to National curriculum	<i>This is delivered at this stage in year 8 to allow pupils to begin refining the skills learnt at year 8. Students are provided with a secure understanding of the content to refine across the vast range of activities in the module. Students will utilise the prior learning they have obtained in year 7 and refine the skills across the differing activities set out to challenge them appropriately. Students will refine these skills throughout year 8 and again can utilise the transferable skills from other modules within the PE curriculum consistently adding to their learning journey and supporting them.</i>
Covid gaps	Students need more time to be physically active and play in lessons as due to covid there are more prominent social, mental and physical health gaps. Our curriculum has been adapted for students to be more physically active to promote a more positive social, mental and physical health.
Rationale	<p>In this scheme, pupils will focus on developing team attacking and defending strategies and techniques. They will investigate the similarities and differences in different invasion games and use their knowledge, skill and understanding to develop the effectiveness of their play. Pupils will have a clear understanding of specific fitness and how to prepare and train properly with this in mind. Pupils will have a clear understanding of the different roles in invasion games and will make considered choices about the roles that suit them and the ways that participation in the activity will promote their current and future active and healthy lifestyle.</p> <p>In games activities, pupils select and apply their skills so that they can carry out tactics with the intention of outwitting their opponent(s). In invasion games the main intention is to invade your opponents' territory and to outwit them so that you can score goals or points.</p>
Vocabulary:	Keywords Rules and Fair play Sending and Receiving Timing, Angle, Distance Attacking and Defensive tactic Analyse and Feedback
Cultural Capital:	They will experience cultural capital through the university trips threaded through our accreditation and the links created with outside clubs during extra curricular activities and local partnerships within the local community.