

**PE**                      **Year 10**                      **Rounders**

<b>Year group 10</b>	<b>Subject: Rounders</b>
<b>Prior learning- linked to National curriculum</b>	<p><i>This is delivered at this stage in year 9 to allow pupils to consistently applying the skills they have learnt at year 7 and year 8. Students are provided with a secure understanding of the content to apply their practical and theoretical understanding across a vast range of activities in the module.</i></p> <p><i>Students will utilise the prior learning they have obtained in year 7 and year 8 to apply the skills across the differing activities set out to challenge them appropriately. Students will apply these skills throughout year 9 and again can utilise the transferable skills from other modules within the PE curriculum consistently adding to their learning journey and supporting them ahead of entering KS4.</i></p>
<b>Covid gaps</b>	<p>Students need more time to be physically active and play in lessons as due to covid there are more prominent social, mental and physical health gaps. Our curriculum has been adapted for students to be more physically active to promote a more positive social, mental and physical health.</p>
<b>Rationale</b>	<p>Through this scheme of work pupils will work to develop and improve the range, difficulty and quality of their skills and techniques. To bat with accuracy, precision, power and control. To throw with accuracy from a variety of different ranges with power and sound control. To field in different positions with the use of both long and short barriers. Be able to select and use tactics, strategies and plan how to outwit their opponent in turns of ball placement and fielding positions. Design original and effective plans that improve their own and others' performance. Respond effectively and imaginatively to changing circumstances as they arise during a performance. Be able to remain safe in the environment they are working in. Analyse how mental and physical capacity affects performance. Understand how strength, stamina, speed and suppleness are required for striking and fielding. Understand how physical activity ensures a healthy lifestyle. Be able to understand the physical demands required for the different roles. Critically evaluate, analyse and judge the quality and effectiveness of performers. Know how to evaluate and improve upon their own and others performances. Understand the nutritional requirements for a specific sport and the importance of a healthy diet.</p>

<b>Vocabulary:</b>	<b>Keywords: Filed, Bat, Pitch, Speed, Stamina, Strength, Intercept, Long Barrier, Backing Up, Bowler, Reaction, Time, Coordination, Target, Delivery</b>
<b>Cultural Capital:</b>	They will experience cultural capital through the university trips threaded through our accreditation and the links created with outside clubs during extra curricular activities and local partnerships within the local community.
<b>Key assessments- name the assessments</b>	<p>End of module assessment on the topic.</p> <p><b>E</b> To improve, you need to consistently apply skills, techniques and ideas in different physical activities, and comment on your own and others performances</p> <p><b>D</b> To improve, you should link skills, techniques and ideas applying them accurately. Additionally, you should be able to explain the benefits of physical activity and the importance of exercising safely</p> <p><b>S</b> To improve, you should use your skills in a wider range of activities, problem-solve, provide feedback, and lead practices consistently, understanding the benefits of living an active healthy lifestyle.</p> <p><b>M</b> Continue to regularly plan and give feedback, adapt to changing circumstances, analyse performance, and promote safe physical activity for your health and well-being. Additionally, you lead activities and apply all rules consistently.</p>
<b>What do children know/ can do now (EDSM)</b>	Pupils will now be able to perform and understand the basic rules and skills to be able to take part in the topic. Pupils will understand what they need to do in order to progress after their end of module assessment. Pupils know where they are within the EDSM grade after their end of module assessment and will have a clear understanding for how to improve next time.