

PE Year 7 Rounders

Year group 7	Subject: Rounders
Prior learning- linked to National curriculum	<p><i>This is delivered at this stage in year 7 to allow pupils to explore and develop the skills for the first time. Students are provided with a secure understanding of the content to develop across the vast range of activities in the module.</i></p> <p><i>Students will utilise the prior learning they have obtained from primary school in regards to the module as this is included in the KS2 national curriculum. Students will also utilise the transferable skills from the previous modules in year 7. All students are developing the skills and understanding at this stage in their learning journey.</i></p>
Covid gaps	<p>Students need more time to be physically active and play in lessons as due to covid there are more prominent social, mental and physical health gaps. Our curriculum has been adapted for students to be more physically active to promote a more positive social, mental and physical health.</p>
Rationale	<p>Through this scheme of work pupils will work to develop and improve the range, difficulty and quality of their skills and techniques. To bat with accuracy, precision, power and control. To throw with accuracy from a variety of different ranges with power and sound control. To field in different positions with the use of both long and short barriers. Be able to select and use tactics, strategies and plan how to outwit their opponent in turns of ball placement and fielding positions. Design original and effective plans that improve their own and others' performance. Respond effectively and imaginatively to changing circumstances as they arise during a performance. Be able to remain safe in the environment they are working in. Analyse how mental and physical capacity affects performance. Understand how strength, stamina, speed and suppleness are required for striking and fielding. Understand how physical activity ensures a healthy lifestyle. Be able to understand the physical demands required for the different roles. Critically evaluate, analyse and judge the quality and effectiveness of performers. Know how to evaluate and improve upon their own and others performances. Understand the nutritional requirements for a specific sport and the importance of a healthy diet.</p>

Vocabulary:	Keywords: Filed, Bat, Pitch, Speed, Stamina, Strength, Intercept, Long Barrier, Backing Up, Bowler, Reaction, Time, Coordination, Target, Delivery
Cultural Capital:	They will experience cultural capital through the university trips threaded through our accreditation and the links created with outside clubs during extra curricular activities and local partnerships within the local community.
Key assessments- name the assessments	<p>End of module assessment on the topic.</p> <p>E To continue to improve, you need to adapt basic movements to different activities and understand tactics and composition.</p> <p>D To improve, you should choose actions and ideas carefully and apply them with control and coordination.</p> <p>S To improve, you need to consistently apply skills, techniques and ideas in different physical activities, and comment on your own and others performances</p> <p>M To improve, you should link skills, techniques and ideas applying them accurately. Additionally, you should be able to explain the benefits of physical activity and the importance of exercising safely</p>
What do children know/ can do now (EDSM)	Pupils will now be able to perform and understand the basic rules and skills to be able to take part in the topic. Pupils will understand what they need to do in order to progress after their end of module assessment. Pupils know where they are within the EDSM grade after their end of module assessment and will have a clear understanding for how to improve next time.