



Future Aspirations & Careers Newsletter

Edition 3

Welcome

As the academic year draws to a close we would like to take this time to reflect on the wealth of opportunities that have been made available to all PCS students. These help to support them with the choices they make to guide them towards life beyond PCS and their future aspirations.

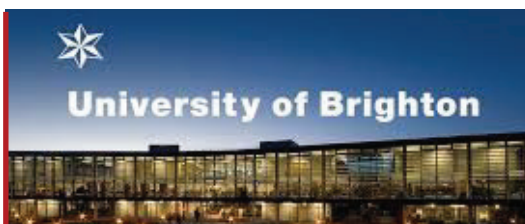
It is also a time for us to say a huge thank you and farewell to Gina Pellett who has worked at PCS since September 2019. Gina will be retiring at the end of the academic year.

During her time here, Gina has played a key role in supporting PCS students with all aspects of their Careers education - organising visits to the workplace, arranging college taster days, researching in to and securing work experience placements, liaising with post 16 providers, hosting alumni, are but to name a few, all alongside her librarian role.

We will all miss Gina, however, we will continue to provide high quality information and guidance to all of our students in September 2023 when Gina's replacement joins us to work alongside our Careers Advisor Jemma Newman.



This edition will be a big thank you to all our stakeholders who have been instrumental in supporting our CEIAG. Careers Education Information and Guidance.



We would like to thank the student ambassadors from the University of Brighton for all the information and support they have given our students through workshops and aspirational talks, as well as their presence at parents evenings, open evenings and our post 16 choices events.



We thoroughly enjoyed our campus visit earlier in the year and students who have engaged with the Saturday Clubs have been inspired by the opportunities they have been provided with. We are looking forward to continuing our close partnership in the next academic year.



University of Brighton

OUTREACH PROGRAMME

Saturday Clubs

- Formula 24
- Science
- Architecture
- Sports
- Art & Design




UNIVERSITY OF SUSSEX

We would like to thank the University of Sussex for providing the opportunity for PCS students to enrol on a 3 day residential programme, this was warmly received. Our campus visit earlier in the year gave PCS students a real insight into University life and Higher Education options open to them.



"I didn't enjoy getting up early!"

"I like using the software and unpacking deliveries."

"I didn't like sitting in the office."

"I loved the view from the 15th floor," I didn't enjoy the long train journey into London!"

"I loved all of it, it was such good fun spending time with my dad for the day."

Parent/Carer Feedback

"I think it was a great initiative and it has really helped boost N's confidence. Would definitely like to see it continue and maybe even happen again before work experience in Year 10."

"G presented herself in an adult manner and I was very proud of her."

"This was a good experience for my son and I think it helped him to realise that this is not the kind of career that would suit him in the future."

"Definitely a worthwhile thing to do - even though E only had half a day with us I would absolutely arrange for her to come in again if the opportunity arose."

"It was good for O to see how the building trade works, although it will definitely not be her career choice. It was great to see her so well engaged and enthusiastic."

Year 8 Student Feedback

"I really enjoyed helping people for the day, I really enjoyed meeting different people. The people I met were lovely."

Y10 Work Experience

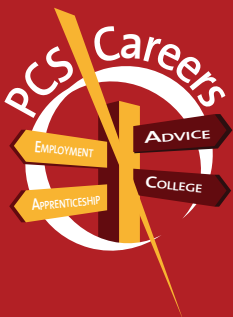
We would like to thank the following employers for welcoming our students so readily into their workplaces for a full week of work experience.

We are currently planning a 5 year partnership project with the University of Sussex so exciting times are ahead!

Take Your Child To Work Day

Thank you to all of our year 8 families who engaged so positively with the Take Your Child to Work Day, 40% of students from PCS accompanied a family member to work for the day.

It was a fantastic opportunity for students to have a taste of the world of work and even to start to shape ideas for the future for things they might not want to do, as well as things they would want to.



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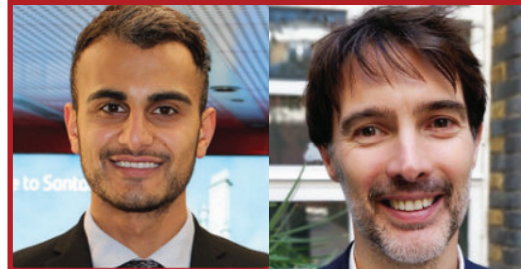
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All odd jobs and mould solutions
 Andrew Bowman Master Thatcher LTD
 Angels n Saints
 Arlette Florist
 Artists Residence
 Arundel Park Lodge
 Aspire Construction
 Bangers Pie Shop
 Be Fabulous
 Big Lemon Bus
 Big Mouths Burger Bar
 Breakwater academy
 Butterfly Nursery
 C and J Poulton Racing
 C.A.T.S Club
 Carey Carpentry
 Carole Electra Hair Fashions
 Caterlink PCS Kitchen
 CBI basketball
 CEC Construction Ceramic Tyler
 Chailey Heritage Foundation
 Construction
 Coop saltdean
 CR Allen & Sons
 Cradlehill Primary School
 Darren Donnelly plastering & rendering
 David simpson moters
 DJ Simpson Motor Engineers
 Downlands Veterinary Group
 East Sussex College coffee shop- lewes
 Electric Hairdressing
 Emico complete building soluitions
 ESC Lewes- Art department
 Fato Mano
 Flying Coffee Bean (FCB)
 Garoller Garage Doors
 Gate Cottage Rest Home
 Grand Hotel Brighton
 Greater Brighton Metropolitan College (WEX)
 Hamsey Riding School
 Harbour Primary School
 Haven Young Creatives
 Highbury House Care Home
 Highcliff Academy
 HMD SealLess Pumps
 Hopscotch Nursery

JHC Construction
 Just Eat Takeaway
 KDN Construction
 Kimmy's Nursery
 LCAS Theatre School
 Maples Carehome
 Marks & co chartered accountants
 Meridian CP School
 Meridian Vets
 Newhaven Library
 North Street Hair
 Not Just Poodles
 Oak Cottage Nursery
 Our Lady of Lourdes RC School
 Pap Talk Media ltd
 Paradise Park
 Paultons Park
 PCS Dance Dept
 PCS DT department
 PCS Music department
 PCS Science department
 Peacehaven Heights Academy
 Peacehaven Town Coucil
 Queens Park Primary School
 Quintessence
 Rampion Visitors Centre
 Roclyns rest home
 Rudyard Kipling Primary School
 Russell Martin Foundation
 S R B Eason
 Saltdean Post Office
 Saltdean Primary School
 Scrubby Doos Dog Parlour
 Seaford Ford- car dealership
 Sovereign Alarms & Extinguishers
 Springboard Education
 Sure Property Solutions
 Sussex Leadcraft LTD
 Telscombe Cliffs Academy
 The Co-operative
 Threeways Nursing home
 Thumbs LTD
 Tilleys Stone Masons
 Top Finishing Plastering Services
 University of Brighton-Finance dept
 We Make Stuff Happen
 Wild Monkeys Childcare
 The Yemeni Coffee co

External Support

We would like to thank our PCS Careers Enterprise advisors Meena and Kevin for providing our year 10 students with invaluable advice and guidance with CV writing, as well as how to manage finances.



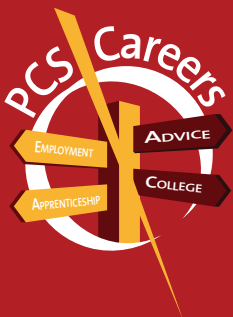
The Army



We would like to thank Cpl Holly and the team for the motivational and inspirational Team Building Day that was held for every year 9 student in June.

Students applied themselves well and were a credit to the school. The feedback was so positive from the Army that they have already asked if we can book in a follow up event for next year with them!





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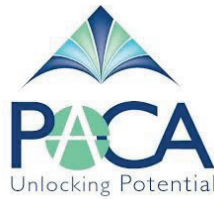
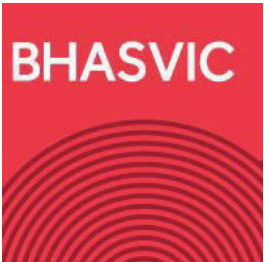
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BIMM
INSTITUTE



OXFORD
International
College
Brighton
A NORD ANGLIA EDUCATION SCHOOL



NEWMAN
SIXTH



Steve Willis
Training Centres



Brighton Aldridge Community Academy



INSTITUTE FOR
CONTEMPORARY
THEATRE



ROEDEAN

We would like to thank all of our Post 16 providers:

East Sussex College, The University of Brighton, Plumpton College and Met for coming in to speak with year 10 parents and carers at our What next? event.

All of the colleges who came in for the Year 10 Post 16 Fayre.



Met for delivering assemblies to our year 10 and 11 students about T'Levels.



Seaford Head Sixth Form College for delivering an assembly to year 10 about local sixth form provision.



Our PCS Alumni

Cara, Siobhan, Ben, Caitlin, Chloe, Tia, Dan, Jasmin and Tamsyn for giving up their time to come into PCS to speak with students in every year group about their journey after having left PCS and sharing their wealth of knowledge and advice to remind students of the importance of taking advantage of every opportunity whilst at school.





Glyndebourne for giving our students the opportunity to find out more about behind the scenes at the 6 hundred year old famous Opera House.



THE GRAND
BRIGHTON



The Grand Hotel for regularly welcoming our students so warmly and sharing with them every aspect of work within the hospitality sector.



Staff from East Sussex College and the Theatre Royal for the exciting opportunity to explore Performing Arts, Media, Make-up and Art Departments at the Theatre Royal.



Roedean for providing our year 10 students with an aspirational programme throughout the year working on developing their research skills through enrichment

Interest Quizzes

These explore what you like or what you are good at and match these to opportunities which require these things. Some cater only for specific areas, like university.

<https://chas.careerssoft.co.uk/jed/QuizStart.aspx> (useful if you prefer an easier quiz)

<https://nationalcareers.service.gov.uk/discover-your-skills-and-careers>

<https://www.sortyourfuture.com>

<https://www.ucas.com/careers/careers-quiz>

<https://www.prospects.ac.uk/planner>

<https://sacu-student.com>

Sector Quizzes

Different industries produce their own quizzes to help you explore what you might like, these are a few as examples:

<https://www.goconstruct.org/construction-careers/what-jobs-are-right-for-me/> - construction

<https://www.mi5.gov.uk/careers/quizzes> - work for MI5

<https://www.healthcareers.nhs.uk/FindYourCareer> - jobs in the NHS

<https://www.sage.com/en-gb/blog/business-readiness-assessment> - starting your own business

<https://80000hours.org/career-planning/process/longer-term-paths/#how-to-assess-long-term-fit> - self directed assessment aimed at identifying careers with social impact

<https://greennewcareers.org/quiz> - USA based green careers site (useful for ideas)

<https://www.bbc.co.uk/programmes/articles/4KKgF7C5tCqP1v1fC83wb8N/radio-1s-career-quiz-2022-take-the-quiz-to-find-a-potential-dream-job> - creative careers



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BRIGHTON COLLEGE

Dan Wales Brighton College.

PEACEHAVEN COMMUNITY SCHOOL

Name: Dan Wales
Attended PCS: 2016-2021

Career/Life Journey since leaving PCS:

For the past two years I have been studying at Brighton College under the Opening Doors Full Scholarship. I have just completed my A Levels and am set to go to study Medicine at St George's University of London.

Employability Skills:

My roles as Head Boy at PCS and Head of House at Brighton College have taught me leadership skills, using the specialities of my peers for the benefit of others and providing a voice for the concerns of people around me. A love for performing arts has taught me great confidence and good public speaking skills. My 10 years in karate and martial arts have made me a well-disciplined individual and student who cares a lot about the work I do and I always striving to give it my all. I have a passion and drive to achieve, my perfectionist attitudes push me to aim big and achieve my goals to the best of my ability.

Future Career Aspirations:

After my studies at university, I plan to specialise as a doctor. I don't yet know what speciality I want to go into, but the future awaits me with endless opportunity.

Career Advice:

Take every opportunity you are given with both hands and run with it. Never think you are too big or too small for any task, treat everyone with respect and care and you will receive it in return. Results will come to you if you put in the work, don't reach the end and wish you could have done more.



Peacehaven
Community
School

Aspire • Believe • Contribute • Achieve

ALUMNI JOURNEY PROFILE