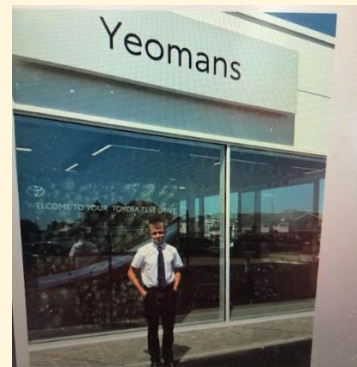




# Year 10

## Work Experience Week

### 2026



Monday 6<sup>th</sup> - Friday 10<sup>th</sup> July

# Last year 2025 ?

99% of students placed



.....Willingdon Primary School, Queens Park Primary School, One Digital Ltd, Telscombe Cliffs, Peacehaven Heights, Meridian, American Express, Arundel Park Lodge, The Grand Hotel, Ambers Florist, All Sparks Electrical, Newhaven Library, Rayment Cycles, Butterfly Nursery, University of Sussex, Sainsbury's, Same Sky, Southern Heating Group, St Peter's Medical Centre, Caterlink, Coop, Elite Flight Training Centre, Electra hair fashions, Buzz Active - Spray Water Sports, Ron Young Motors' Ltd, Meridian Vets, Pavilion Gardens cafe, North street hair, Padello, D'oro restaurant, Maples care home, Paul Bott estate agents, Rampion visitors centre, Body Shop, Go Botanica ltd, Not just poodles, Flatscreen Arms, Eastbourne College, Wild Monkeys childcare, Boomerang, Roclyns Rest Home, The White Horse, East Brighton Golf Club, The Jog Shop, St Luke's Primary School, Chateau Vel, Epoq Legal Services, Fairlight Garage, The Talent Foundry, Harbour Primary School, Peacehaven Town Council, The Regency Restaurant, Soccer Fix, The Equine Warehouse, Homecall carpets and Flooring, Toyota

# Why?



- ❑ Gaining work experience is really important. It can give you the opportunity to take on some really interesting and challenging responsibilities and introduce you into the world of work!
- ❑ You're also more likely to be successful in your job hunt if you've done some good work experience, and that's a fact!
- ❑ If you're not sure what career you want to do, work experience is a great way to sample all the various career options out there. It's a way of exploring different jobs without actually committing to anything. You can dip your toe in the water without taking the full plunge.
- ❑ It's also a great way to get a real sense of your chosen industry. You'll get to speak to employees and ask them questions. Doing work experience shows passion and interest. Doing work experience can show an employer that you are motivated to get into a chosen career and that you've done your homework.

**\* For those students not going out on placement you will be expected to be in school**



# Get Career Confident



Meet Miranda





# How do you find a work experience placement?

- Speak with family/friends, local businesses to ask if you can do work experience with them. The deadline for this is the **Monday 19th January 2026**.
- Mrs Lane will be giving usernames and passwords to access the platform - Careers East Sussex in your PDI sessions. If you do not receive this then please go to the library at break or lunch and she will give you the details.
- For any students who have not found their own placement, or are struggling with Careers East Sussex, they will have a meeting with Ms Newman and Ms Lane before February half term 2026 to find a placement.



# How can you get the most from your placement?

Make your placement choice **SMART** to give you the best insight into the World of Work

**S** - Skills (Develop your employability skills)

**M** - Make (Make you feel excited at the prospect of going into the workplace)

**A** - Area (Area of work that you are interested in)

**R** - Realistic (Consider realistically what you will be able to do in this placement)

**T** - Transport (The experience of transport and commuting to and from work)



## Next steps

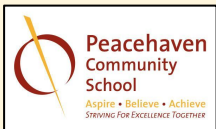
Once you have found a placement, you need to give Ms Lane and Ms Newman the following information:

- ★ Names of the contact who has said you can do work experience within the company.
- ★ Contact details of placement- email/phone number and address.

You can email them this:

[pcs-careers@swale.at](mailto:pcs-careers@swale.at)

or go and see them in  
the library



The PCS Careers Classroom



# And finally

## University of Brighton Workshops

- 30th Jan
- 6th Feb
- 25th Feb
- 4th March

## 23rd March Mocks start

## What Next? Event 16th April

## Parent/carers evening 21st May

## June - Year 10 Colleges Fair

## July - Year 10 College visits

