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Welcome

to our first ever Learning **Beyond the Curriculum week** The theme of this week is Wellbeing and will focus on providing students with opportunities to practise the 5 ways of wellbeing as well as enhancing their Learn Somexhingo personal development by learning outside of the classroom

Se Parive Connect Give 7 Five Ways Wellbeing

This exciting week is a compulsory week for all students in years 7, 8 and 9. We encourage students to think carefully about selecting a balance of activities, to really gain the most from the week.







Learning Beyond the Curriculum

Through our diverse range of exciting enrichment activities, students will be exposed to a wide array of new experiences, which will support them to develop new interests and gain key skills and attributes that will help them in all aspects of their lives:

- Community Engagement
- Collaboration
- Creativity
- Enjoyment and fascination of learning something new
- Exploration of different cultures
- Leadership
- Planning
- Self expression
- Socialising
- Teamwork
- Working with new people



Activity	Cost	Duration	Open to
Beach Treasure Hunt	Free	1 day	All year groups
Beach Volleyball Yellow Wave	£17.00 plus bus travel	1 day	All year groups
Bike Maintenance and Mountain Biking Experience	Free	1 day	All year groups
Board Games	Free	1 day	All year groups
Bude	£495.00	1 week	Year 8
Bushy Wood	£45.00	1 day	Year 7
Circus Skills	Free	1 day	All year groups
PCS Goes Cordon Bleu	Free	5 days	All year groups
Get Crafty With Wood	Free	1 day	All year groups
The Crisp Packet Project	Free	1 day	All year groups
Crochet	Free	1 day	All year groups
Culture Club - Japan	Free	1 day	All year groups
Digital Creative Story Writing	Free	1 day	All year groups
Discover the Cuckmere Valley	Bus Travel	1 day	All year groups
Dungeons and Dragons	Free	1 day	All year groups
France - Normandy	£419.00	4 days	All year groups
Green Fingers	Free	1 day	All year groups
Harry Potter World	£45.00	1 day	All year groups
Intergenerational Community Links	Free	1 day	All year groups
Italy - Sorrento	£860.00	4 days	All year groups
A Literary Tour of Brighton	Bus Travel	1 day	All year groups
Mosaic Making	Free	1 day	All year groups
Multi Sports Day	Free	1 day	All year groups
PCS Oscars	Free	1 day	All year groups
Piddinghoe Lake - Water sports	£45.00 per day	1, 2 or 3 days	All year groups
From Rags to Riches	Free	1 day	All year groups
Spanish Culture and Lifestyle	Free	1 day	All year groups
PCS Has Talent	Free	1 day	All year groups
Visit to The Theatre Royal	£10.00 plus bus travel	1 day	All year groups
Team Building and Outdoor Pursuits	Free	1 day	All year groups



Beach Treasure Hunt



Students will venture down to the local beach with PCS staff to gather and sort debris that can be found on our shoreline.

They will collect any useful objects they find to bring back to school to be used for Art and DT projects during the week.

Free - 1 day - All year groups

Beach Volleyball Yellow Wave



Students will spend the morning learning how to play volleyball on the sandy pitches at Black Rock. This will be followed by a barbecue lunch and beach games.

Students will be expected to make their own way too and from Brighton for this event. They will meet with PCS staff at the Yellow Wave Volleyball area.

£17.00 + bus travel - 1 day - All year groups

Bike Maintenance & Mountain Biking Experience



Students will spend the morning learning the basics of bicycle maintenance. In the afternoon they will cycle from Piddinghoe to experience parts of the South Downs Way. This will be a circular route accompanied by PCS staff.

Note: Cycles and Helmets can be hired from The Bike Hub free of charge. If a student wishes to bring their own bike, a correctly fitting helmet will be compulsory.

Free - 1 day - All year groups

Board Games



Students will spend the morning playing board/card games, they will then spend the afternoon creating their own board/card games for others to play.

Free - 1 day - All year groups

Bude



Our ever popular Bude trip to Cornwall is back again this year. Students will travel down to Cornwall by coach.

The students will experience a huge range of experiences such as surfing, climbing, abseiling, caving, kayaking, amongst other team building and self confidence boosting activities.

Please note: This trip is now full

£495.00 - 1 week - Year 8

Bushy Wood



Students will be taking part in some exciting land based activities - climbing, archery, high ropes and bushcraft all organised by Buzz Active.

Please note:: This trip is now full.

£45.00 - 1 day - Year 7



PCS Goes Cordon Bleu



Students will spend 4 days planning, creating and hosting an event for members of the local community. From choosing the menus, designing the invitations and working on their hospitality skills.

PCS students will have an opportunity to show off their organisational and their newly acquired event management skills at their best.

Free - 5 days - All year groups

Circus Skills



Students will create their own juggling balls and then learn how to juggle with different numbers of balls.

As they become more proficient, they will learn additional simple circus skills.

Free - 1 day - All year groups

Get Crafty With Wood



Students will spend a whole day finding out about artistic talents they did not know they had!

Working with a range of wood and materials they will produce some art pieces worthy of display in a local gallery!

Free - 1 day - All year groups

Crisp Packet Project



Students are going to give life to one use plastics and save lives. They are going to recycle crisp packets by making survival items.

They will learn how to create items from the packaging of a popular savoury snack that can potentially save lives.

Free - 1 day - All year groups

Crochet

Students will learn how to crochet and contribute to making a PCS tapestry.

Free - 1 day - All year groups



Culture Club - Japan



Cultural appreciation and language-based activities around all that is Japan - Origami, Animé, Japanese film and the potential to taste some Japanese delicacies.

Free - 1 day - All year groups

Digital Creative Story Writing



Students will spend the day writing and creating digital stories using a range of media including collage, plasticine animation, written and spoken word. They will produce a digital video story throughout the day.

Free - 1 day - All year groups



Discover the Cuckmere Valley



Students will explore the area around the River Cuckmere observing the plants and animals.

They will engage in a variety of activities during the walk which will help them to appreciate the natural world.

Students will travel to and from the Cuckmere Valley by public transport with members of PCS staff. They will enjoy a picnic lunch during the day.

Bus travel - 1 day - All year groups

Dungeons & Dragons



Students will create their own characters and develop back stories.

They will follow this up with a short adventure campaign.

Free - 1 day - All year groups

France - Normandy



Students will spend 4 days exploring the Normandy Coast.

They will visit local markets, make their own bread in a boulangerie and visit the famous tidal island of Mont St Michel.

They will also have an opportunity to explore the mediaeval town of Bayeux, home of the 70 metre tapestry depicting the events of the Battle of 1066.

£419.00 - 4 days - All year groups

Green Fingers



Students will spend the day helping out in the community orchard garden.

They will learn basic gardening skills and find out more about the different foods that are grown in our local area.

Free - 1 day - All year groups

Harry Potter World



Due to the popularity of this trip, we will be running it on 2 separate days.

Students will travel by coach and experience a tour of the Warner Brother Studios to discover more about the making of the Harry Potter films.

£45.00 - 1 days - All year groups

Intergenerational Community Links



Students will visit local care homes accompanied by PCS staff.

They will meet up with elderly members of the community, play games and find out more about the similarities and differences between their lives.

Free - 1 day - All year groups



Italy - Sorrento



Students will spend 4 days in a beautiful hotel in Sorrento on the Almalfi coast visiting the historic town of Pompei and walking up Mount Vesuvius.

The visit also includes a boat trip along the coast to discover the area in more depth.

Please note: This trip is now full

£860.00 - 4 days - All year groups

A literary tour of Brighton



Graham Green, Lewis Carroll, Jane Austen, Charles Dickens and of course the well known, best selling author Peter James all have links to Brighton.

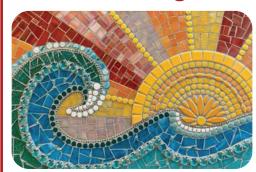
Students will have an opportunity to embark upon a cultural tour of Brighton to find out more about the haunts of these well known writers and the inspiration for their writing. There will be a literary-spot treasure hunt!

Students will be expected to make their own way to and from Brighton for this event.

They will meet with PCS staff in the Town Centre.

Bus travel - 1 day - All year groups

Mosaic Making



Students will be working with the art department creating mosaics using different materials.

Most of these will have been collected from the environment around us.

Free - 1 day - All year groups

Multi Sports Day



Students will spend the day partaking in a variety of different sporting activities.

Free - 1 day - All year groups

PCS Oscars



Students will spend time working with iPads writing and creating their own films. They will also have the opportunity to watch and analyse a film/extracts from films to support the creation of their own.

Free - 1 day - All year groups

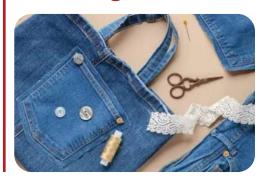
Piddinghoe Lake



Students are invited to spend 1,2 or 3 days at Piddinghoe Lake engaging in a selection of exciting water based activities including paddle boarding, sailing and kayaking.

£45.00 per day - 1, 2 or 3 days - All year groups

From Rags to Riches





Upcycled fashion - Anti fast fashion Students will be using different materials to create a new textile project. They will be learning about fast fashion and its impact on the environment.

Free - 1 day - All year groups

Spanish Culture and Lifestyle



Students are going to spend the day taking part in a variety of activities 'all things Spanish'. Explore the world of Spanish Music and Film and then cook up some delicious tapas to eat to finish the day off.

Free - 1 day - All year groups

PCS Has Talent



Students will have the opportunity to choose any song they like, they will learn the lyrics or the musical accompaniments and will spend the day rehearsing.

They will round off the day with a performance.

Free - 1 day - All year groups

Visit to The Theatre Royal



Students will have an opportunity to discover what happens behind the scenes at the Theatre Royal in Brighton with a follow up workshop.

Students will be expected to make their own way to and from Brighton for this event. They will meet with PCS staff at the theatre.

£10.00 - 1 day - Year 8 & 9

Team Building & Outdoor Pursuits



Students will spend the day engaging in a series of team building activities, working on their organisation and cooperation skills.

Free - 1 day - All year groups

What Next?

Each student will have a Google form in their PDI Google Classroom.

Every student in years 7, 8 and 9 must fill this in. Everybody will take part in activities this week.

Students who are going on a residential to Bude, Italy or France will have to indicate this on the form.

Note: Those students participating in the trips to Italy and France are expected into school on Friday 12th July where they will continue with enrichment activities related to their trips.

(With the exception of those going to Harry Potter World).

All other students are to complete the form following the instructions on the form.

Whilst we will endeavour to provide students with their chosen activities, it is important that they indicate reserve choices in the event of activities being booked up.



Frequently Asked Questions

1: How many activities can I choose?

You need to be doing an activity every day. When you tick your choices on the Google Form make sure that you have signed up to do something that will take up every day.

2: Can I choose the same activity twice?

Some of the activities take place over several days as you will see from the programme. We would like you to experience as many different things during the week, so would like you to indicate different choices of activities rather than the same one.

3: What if there are not enough spaces for what I would like to do?

We will try to make sure everybody can take part in the activities they have chosen, however we do ask that you put 2 reserve choices down in case some activities prove to be very popular.

4: I would like some financial support with paying for an activity, how do I know if I am eligible and how do I request a reduction?

Please ask your parent/carer to contact the school by email pcs-enquiries@swale.at who will be able to refer you to the appropriate person for advice.

5: What if I have already signed up to activities?

Please indicate this on the Google Form and we will check this against our records.

We will inform you if you have any payments outstanding and update Parent Pay accordingly.

6: What are the timings of the day?

All of the activities take place during the school day. Exact timings will be shared with you once you have confirmation of your activities.

7: What will I need to wear?

For all onsite activities, students will be asked to come in in their PE kit.

For all other activities, suggestions will be made once you have confirmation of your activities. (You will not be expected to wear school uniform!)

8: What will happen about lunch?

You will have a lunch break as normal if you take part in activities in school.

For those activities off site, we will advise on a packed lunch (with the exception of the barbecue option).

For those students in receipt of Free School Meals who are off site, we will provide a packed lunch if required.

9: Will I need any extra money?

That is your own decision, if you have chosen an activity in Brighton, with bus travel, you will need to pay for travel. If you are in school, you will not need any extra money. If you have paid for coach travel to an activity, you might wish to bring some money for souvenirs.

10: When is the deadline to make choices?

The deadline to make choices is Friday 3rd May. If you have not made your choices by the deadline, activities will be chosen for you.

11: When will I find out if I have been accepted on to an activity that needs payment if I don't yet know?

You will be informed during the week beginning Monday 6th May and parent pay will be set up accordingly.

12: When will I find out what I will be doing if I am doing my activities in school?

All choices and a full programme of events will be shared with students in the week beginning Monday 1st July.

13: What will be the end product of our Learning beyond The Classroom Week?

We shall be creating a showcase of experiences to share with our local community.



