

CUES

Coping with Uncertainty in Everyday Situations

Join the free CUES training course aimed at parents/carers of children aged 6-16 who are experiencing feelings of anxiety.



Join us for 5 sessions, starting on Friday 12 September 2025.

SCAN ME



Running on Fridays
between 12 September -
10 October



10:00am - 12:00pm



Peacehaven Family Hub



EDUCATION
EAST SUSSEX
TOGETHER FOR EXCELLENCE
AND INCLUSION

East Sussex
County Council

