Carers Week

9th - 15th June 2025



#CaringAboutEquality

Let's raise awareness of young carers to prevent them experiencing inequalities, including:

- Academic decline
- Exploitation
- Bullying
- Risk of poverty
- Social isolation
- Poor mental health
- Physical health issues



For details on support for young carers and their families visit our website.
We also offer FREE awareness training for schools and professionals



We are proud to support over 13,000 young carers across Kent, East Sussex and London.



